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MAGAZINE



MAY 2023
Issue 73

Monthly Business & Community magazine delivered in & around Chester



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WHAT'S IN THIS MONTHS LOVE CHESTER MAGAZINE



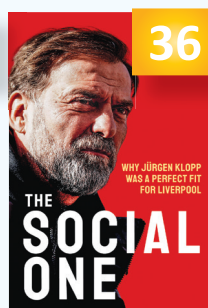
**This month
in history**



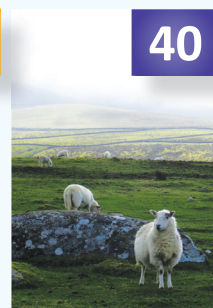
**Chester
Zoo**



Puzzle page



**Book Review
by
John Morris**



**Chester
Rambling
Club**

Love Chester The Local Magazine for Businesses in and around Cheshire.

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Cover Photo:
Aerial view over the River Dee



Dear Friends,
Summer is on it's way, the sun is shining and the flowers are blooming!

An exciting month with the King's Coronation, history in the making! Have a look at our editorial on page 6 showing the difference in our digital world from the 1937 Coronation. We hope you get to share the day with family and friends.

Our magazines are all about promoting our lovely part of the country!

It is important that we use our local tradespeople and highstreet shops to keep it that way!

If you are in business and want to attract new customers, why not advertise with us and/or in our Love Wirral or Love Wrexham magazines, we offer affordable advertising in our popular publications - contact details are on our front page.

All our magazines are available online - as well as the answers to our puzzle page :o)

Best Wishes Maxine & Mike

Circulation of this FREE magazine is distributed to Chester and its surrounding villages.

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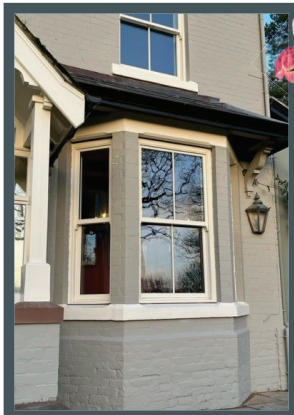
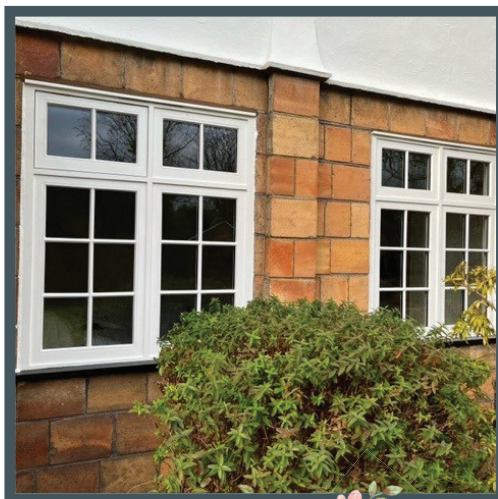
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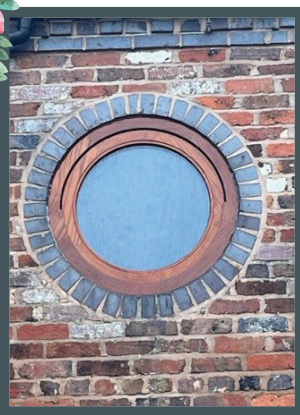


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DO YOU KNOW?

1. In 2008, a chimpanzee named Anjana adopted and raised two baby white tigers named Mitra and Shiva after a hurricane.

2. Giraffes only need to drink once every few days. Most of their water comes from all the plants they eat.

3. A tiger's roar can be heard as far as 1.8 miles (3 km) away.

4. The Przewalski's horse was never domesticated, making it the only true "wild horse" still with us today.



5. Koalas sleep up to 20 hours a day.

6. The life span of giant pandas in the wild is approximately 20 years.

7. Whale Sharks can live up to 100 years.



8. Unlike many mammals, bears can see in colour.

9. Some cats have survived falls from over 32 stories (105 meters) onto concrete, due largely to their "righting reflex."

10. Dolphins have the longest memory in the animal kingdom.

11. Many Fish can taste without even opening their mouths.

12. Octopuses have 3 hearts.

13. Some prehistoric penguin species attained enormous sizes, becoming as tall or as heavy as an adult human.

14. Spiders can walk on water, and breathe under it, too.

15. Ostriches and zebras often live together to protect each other from predators. The ostrich can see better and the zebra can hear or smell danger



16. Australia has over 10,000 beaches. You could visit a new beach every day for over 27 years.



17. Denmark's current flag design was first used in 1219. No other modern country has used its flag for so long.

18. There's a limestone cliff with over 5,000 dinosaur footprints in Bolivia, with many dating back 68 million years.

19. There's a Golf Club on the border of Sweden and Finland: half the holes are in one country and half in the other.

20. Nearly half the gold ever mined has come from one place: Witwatersrand, South Africa.

21. With over 4 billion people and 30% of Earth's total land area, Asia is the Earth's largest and most populous continent.

22. There is a section of the Berlin Wall in the men's bathroom of the Main Street Station casino in Las Vegas.

23. California has built 23 prisons since 1980. In the same period, the University of California system has opened just one new campus.

24. From July to November, the Caño Cristales River in Colombia gets 5 different colours: yellow, green, blue, black and red.



25. 1 billion people speak English. That's 1 in every 7 on earth.

26. Mexico has 68 official languages.

27. In West Bengal, India, cows must have a Photo ID Card.

28. Einstein was offered the presidency of Israel which he politely declined.

29. 1 in 5 people in France has experienced depression making it the most depressed country in the world.

30. The city of "New Amsterdam" was given to the Duke of York in 1664 as an 18th birthday present from his father. He renamed the city as "New York."

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THE CORONATION CEREMONY: *A View from the Past*



As media fever grows around the upcoming Coronation of King Charles III on Saturday May 6th, the world will be glued to their TV screens, phones, iPads or other preferred devices/Social media feeds, to follow this historic event.

But take a minute to sit back and reflect on how previous Coronations were viewed by the nation, before TV, the internet and Social media were ever in existence!

Before our late Queen Elizabeth's Coronation in 1953 when the appetite for live broadcasting worldwide, the preceding 1937 Coronation saw TV very much in its infancy, with limited coverage. The masses communicated very differently in 1937 and one of the main ways people learnt about events going on in the world around them was through the medium of Cigarette Cards.

These were sets of little cards with beautifully illustrated fronts, accompanied with information on the backs, which really were, in some cases, the only way that less well off people were educated.

The event on May 6th will see media companies vying for our attentions in many different ways, but renowned Royal historian Dr. Cyril Mazansky has come up with a very novel and different viewpoint

that showcases how the day of the Coronation of 1937 was captured on such cards.

An exquisite 20 page booklet, ***"The Coronation Ceremony for King Charles III,"*** gives today's viewers a peek back in time to how our ancestors in 1937 would have followed the ceremony!

The intention of the booklet is to bring the gentle hobby of Card Collecting (or Cartophilia to give it its grand sounding proper name!) to the attention of a younger audience and to share with them a view of the past through these lavishly coloured cards that were once everyday items for the public over 80 years ago. Hopefully the booklet will spark people's curiosity enough for them to explore further the colourful and enthralling world of Card Collecting.

The A5 booklet has been printed as a Limited and Numbered First Edition of just 100 copies, a lovely and entirely different piece of Coronation memorabilia for anybody wanting something different to mark the very special day. For further details contact: nickoldham@gmail.com

For more details on card collecting visit:

www.card-world.co.uk



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Conference paves the way for international culture changes

On 17 March, over 270 delegates came together for the 2023 clinical conference of the Centre for Autism, Neuro-Developmental Disorders, and Intellectual Disability (CANDDID). The programme enabled national and international experts talk about Autism and Neurodevelopmental Conditions: advances in our understanding and management.

CANDDID, based in Chester, and hosted by Cheshire and Wirral Partnership NHS Foundation Trust (CWP) brings together, education, training and research in the fields of neurodevelopmental disorders and intellectual disabilities.

Keynote speeches and seminars covered a wide range of topics, such as avoidant/restrictive food intake disorder and autistic children, diagnostic and treatment pitfalls in adult ADHD management, and principles for prescribing in autistic people.

The conference highlighted the importance of a multi-disciplinary approach to understanding and managing autism and neurodevelopmental conditions, with the experiences of people and families at the heart of care and treatment.

CANDDID were also delighted to welcome international speakers Dr. Oddbjørn Hove, PhD, Dr. Hanne Marit Bjørgass, MD, PhD, and Anette Våga Ball, who presented on the innovative topic of "MindMe: Using Cognitive Accessibility Features to Empower Digital Self-Report in Children and Young People with Cognitive Challenges."

The conference provided delegates with valuable insights into the latest advances in understanding and managing autism and neurodevelopmental disorders, fostering collaboration and knowledge-sharing among professionals in the field. Experts with experience were encouraged and supported to attend the conference.

Michaela Hollins from Merseyside Autistic Adults commented that it was "very interesting... there's always something to learn". Dr Hanne Marit Bjorgass MD, PHD, from Stavanger University Hospital said: "This is my first CANDDID conference and I feel I've learnt so much, it's been really good to speak to people with a lot of practical experience. I'm taking a lot of knowledge back home and hope to put it into practice."

Dr Catriona Stewart, OBE, FRSA, said: "I've had interesting conversations and made contacts with people I'm hoping to stay in touch with. I've enjoyed it a lot more than I expected to, and I feel very encouraged about the work that's going on, the attitude, the passion and the commitment."

Professor Sujeet Jaydeokar, Chair of CANDDID, said: "Thank you to everyone who attended this year's conference. I hope its provided delegates with valuable knowledge and expertise, allowing them to share best practice that will improve outcomes both nationally and internationally for individuals with neurodevelopmental disorders and intellectual disabilities."

Tim Welch, Chief Executive of CWP said: "Thank you to all of the fantastic speakers and delegates who joined us at this year's conference. It's important we continue to emphasise the significance of continued learning and collaboration in the field of neurodevelopmental disorders and intellectual disabilities."

For more information about CANDDID, its initiatives, and future events, please visit: www.canddid.nhs.uk.

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THIS MONTH'S HISTORY

This feature each month will give interesting facts from years gone by. See what you remember that happened in your lifetime.

THIS DAY IN HISTORY FOR THE MONTH OF MAY

1st May 1960

An American U-2 spy plane flying at 60,000 feet was shot down over Sverdlovsk in central Russia on the eve of a summit meeting between President Dwight D. Eisenhower and Soviet Russia's Premier Nikita Khrushchev.

The sensational incident caused a cancellation of the meeting and heightened existing Cold War tensions. The pilot, CIA agent Francis Gary Powers, survived the crash, and was tried, convicted and sentenced to 10 years in prison by a Russian court.

Two years later he was released to America in exchange for an imprisoned Soviet spy. On his return to America, Powers encountered a hostile public which apparently believed he should not have allowed himself to be captured alive.

He died in a helicopter crash in 1977.



Powers wearing a special pressure suit for stratospheric flying, 1960

Attribution: Mil.ru

13th May 1981

Pope John Paul II was shot twice at close range while riding in an open automobile in St. Peter's Square in Rome. Two other persons were also wounded.

An escaped terrorist, already under sentence of death for the murder of a Turkish journalist, was immediately arrested and was later convicted of attempted murder.

The Pope recovered and later held a private meeting with the would-be assassin and then publicly forgave him.



The Pope photographed moments after being shot by Ali Ağca in St. Peter's Square on 13 May 1981

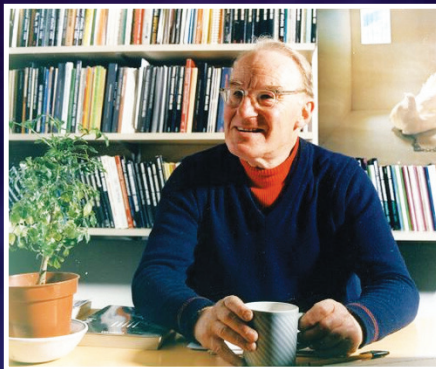
Tullio Saba, Public domain, via Wikimedia Commons

28th May 1961

Amnesty International was founded by London lawyer Peter Berenson.

He read about the arrest of a group of students in Portugal then launched a one-year campaign to free them called Appeal for Amnesty.

Today Amnesty International has over a million members in 150 countries working to free prisoners of conscience, stop torture and the death penalty, and guarantee human rights for women.



Pete Berenson founder of Amnesty International

30th May 1967

On this day, a still relatively unknown Evel Knievel made one of his earliest jumps, over 16 parked cars placed side by side at the Ascot Speedway in Gardena, CA. He took off and landed safely on the opposite ramp, which naturally encouraged him to perform a more challenging and dangerous stunt next.

There will likely never be another daredevil like Evel Knievel; the insurers simply would not allow it. He not only made motorcycle jumps, but also failed them. And when he failed and fell, he invariably broke bones — 433 of them, a Guinness record, over the course of his career. But he couldn't be stopped.



Daredevil Evel Knievel jumps his motorcycle over 16 cars lined-up in a row in Gardena, California.

Evel never cared for rules and restrictions, not since his youthful days as a high-school dropout. He wanted to keep pushing the limits of what was possible, even if that was impossible.

In one of his last interviews with Maxim Magazine he said:

You can't ask a guy like me why I performed. I really wanted to fly through the air. I was a daredevil, a performer. I loved the thrill, the money, the whole macho thing. All those things made me Evel Knievel. Sure, I was scared. You gotta be an ass not to be scared. But I beat the hell out of death. [...] You're in the air for four seconds, you're part of the machine, and then if you make a mistake midair, you say to yourself, "Oh, boy. I'm gonna crash," and there's nothing you can do to stop it, not at all."

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E	G	T	K	S	T	M	N	G	I	E	R	H	L	O	A
W	A	H	O	E	E	N	A	F	V	E	C	T	N	A	R
E	I	R	O	H	N	L	U	S	L	R	S	D	H	T	O
L	R	O	T	R	L	S	E	O	A	A	O	E	R	H	M
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E	C	A	L	A	P	M	A	H	G	N	I	K	C	U	B
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C	I	C	P	G	E	R	R	R	O	E	O	B	O	E	R
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Y	N	O	M	E	R	E	C	H	A	R	L	O	T	T	E

Firstly, find all the words listed below in the grid. They can be found vertically, horizontally, forwards, backwards or diagonally. (Letters can be used more than once and words may overlap). Once you have found all of the words listed, the 9 remaining letters will spell another word.

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Anthem
Balmoral
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Castle
Ceremony
Charles
Charlotte
Crown
Diana
Duchess
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Kate
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OUR ZOO

What's happening at Chester Zoo.

Twin tiger cubs emerge from their den at Chester Zoo



Two critically endangered female Sumatran tiger cubs emerge from their den at Chester Zoo for the very first time.

Chester Zoo has captured footage of two rare Sumatran tiger cubs emerging from their den for the first time.

The cubs were born in January but have only now started to venture out and explore the outside world.

Conservationists caught on camera the adorable moment the cubs enjoyed some playful 'rough and tumble' under the watchful eye of proud mum Kasarna.

Carnivore experts at the zoo have revealed both cubs to be female and have named the twins Alif, a popular name in Indonesia, and Raya after Mount Raya in Sumatra.

Sumatran tigers are found only in patches of forest on the Indonesian island of Sumatra where just 350 remain. The species is listed as critically endangered in the wild by the world's authority on the state of the nature, The International Union for the Conservation of Nature (IUCN). Habitat loss, hunting pressures and human-wildlife conflict are pushing the big cats closer to extinction.



To save Chester Zoo head to: www.chesterzoo.org/saveourzoo

Chester Zoo is part of an international conservation breeding programme to protect the species, aimed at boosting numbers and safeguarding its future on the planet.



Dayna Thain, Carnivore Keeper at Chester Zoo, said:

“These majestic animals are hanging on to survival by a thread in Sumatra. They’re one of the world’s rarest tiger subspecies and so to see these two cubs thriving here is absolutely wonderful. It’s a real joy to get a glimpse of the cubs exploring and enjoying some playful rough and tumble together.

“The cubs are still a little shy and pop in and out of the den with mum Kasarna, but it’s going to be a real privilege to watch as they grow in confidence and their feisty personalities really start to show through. Recently, we discovered them both to be female and have named them Alif and Raya.

“Crucially, with so few Sumatran tigers left on the planet, Kasarna’s girls are vitally important additions to the conservation breeding programme which is working tirelessly to prevent the species from becoming extinct.”

An increasing human population has seen more than 90% of the Sumatran tiger habitat wiped out, bringing the big cats into close conflict with villagers, farmers and livestock.

The species is also heavily poached for its skin, bones and canine teeth, which are sold illegally in traditional Asian medicine markets.




The zoo’s conservationists are fighting illegal poaching and helping to mitigate conflict between humans and tigers in India and Nepal, to further improve the future for another tiger subspecies, the Bengal tiger.



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John Dwyer

Police & Crime
Commissioner
for Cheshire



Vacancies available on Ethics Panel to ensure police transparency

Police and Crime Commissioner for Cheshire John Dwyer and Cheshire Constabulary Chief Constable Marks Roberts are seeking people to join the Independent Ethics Panel.

The Ethics Panel provides a forum for independent review of ethical issues in the police service to help inform the work of the Police and Crime Commissioner and Cheshire Constabulary. The Panel also helps to ensure that the Constabulary acts with transparency to give wider reassurance to the public of Cheshire.

Police and Crime Commissioner for Cheshire, John Dwyer, said:

“Volunteers will be looking closely at how the Constabulary operate to ensure the presence of integrity and transparency.

“This is a unique role and a great opportunity to be involved in providing reassurance to the communities of Cheshire that the police service that they are receiving is the best it can be.”

Cheshire Constabulary Chief Constable, Mark Roberts, said:

“Effective Policing is vital for any community to feel secure and it is now more complex and fast moving than ever before.

Our people work with courage and commitment to keep the people of Cheshire safe and it is crucial that the public have confidence that we are doing so in an ethical and transparent.

“The work of the Ethics Panel is key to our approach to identify areas where we can improve and offer an independent perspective of what we do.”

Topics that may be regularly reviewed by the panel included:

- Workforce statistics (diversity issues)
- Stop and search
- Use of force
- Hate crime
- Complaints
- Custody visiting statistics
- Vetting

If you are interested in the position, more information is available on the Volunteering Vacancies page:

<https://www.cheshire-pcc.gov.uk/get-involved/volunteering/volunteering-vacancies/>

If you have a query about the role, or would like to speak to someone before applying, please email: pcc@cheshire.police.uk or call 01606 364000.

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HOROSCOPES FOR MAY

BY JAMES GRIFFITHS

Capricorn

There's frequently more to a situation than what initially meets the eye, so it's important to delve beneath the surface.

Aquarius

Pay close attention to details, particularly in relation to those who may be a part of your future.

Pisces

The same principle applies to your words. How often have you spoken impulsively and regretted it later?

Aries

In some situations, try harder to foster cooperation in relationships. Give your best in all tasks, whether at home or away.

Taurus

Utilise your organizational skills to plan for the month ahead. With a packed schedule, having a plan is essential to accomplishing everything you want to do.

Gemini

With a chance to step back and see the bigger picture, you'll find the stage has lowered. It's time to stop pushing too hard.

Sagittarius

Be prepared for a potential surprise. Treat others with kindness and respect.

Scorpio

Take some time to declutter your physical space as well as your mind, removing anything that no longer serves you.

Libra

Let go of past issues that no longer hold significance for you. This could alleviate some personal financial concerns and bring relief.

Virgo

Dealing with challenging circumstances can drain you. Prioritize self-care, as neglecting it can lead to burnout.

Leo

You may feel like you're stuck in one place because you've been trying to balance your life while also trying to please everyone.

Cancer

Be on the lookout for opportunities to connect with new people, as this may lead to a romantic partnership.



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Community



John Dwyer
Police & Crime
Commissioner
for Cheshire

Commissioner's support for cyber victims



Cheshire's Police & Crime Commissioner, John Dwyer, has funded an extra post at a national charity to work with the police and support victims of crimes like cyber-stalking in the county.

Founded five years ago, The Cyber Helpline supports victims of online crime by connecting them to volunteer IT and cyber security experts. Volunteers are fully vetted and trained, and come from a range of backgrounds including graduates from computer science or cyber security degrees, or cyber security professionals.

Funding from the Commissioner has enabled the recruitment of a dedicated Helpline Responder who will work with Cheshire Constabulary's Harm Reduction Unit (HRU). The HRU will be able to refer victims who are experiencing significant levels of cyber-related stalking, and the responder will in turn work alongside the independent support provided by the HRU's Specialist Victim's Advocates.

The responder will also be able to assist police during the evidence-gathering process, and stay in touch with victims to help ease them back into the online world.

Police and Crime Commissioner, John Dwyer, said: "I'm really pleased to be able to fund this extra post at the Cyber Helpline, which will make a difference for victims of cyber-related stalking and other crimes here in Cheshire.

"As more of our day to day lives are moving online, it's vital that the police tap into specialist knowledge that can support victims and help bring offenders to justice."

Charlotte Hooper, Helpline Manager & Director at The Cyber Helpline said: "The Cyber Helpline is delighted to be supporting Cheshire's Harm Reduction Unit to provide more holistic support to victims of cybercrime, at a time where technology is used to enable different types of crime and harm these partnerships are vital. We welcome the funding to support cases from the Harm Reduction Unit which allows us to support more victims of cybercrime."

The work of Cheshire's HRU was featured in a BBC documentary about how stalking is tackled across the country, and the Constabulary has also been praised for its use of Stalking Protection Orders to protect victims.

Detective Sergeant Dave Thomason from the Harm Reduction Unit said: "The Harm Reduction Unit rarely encounters a case of stalking where there isn't some degree of cyber-enabled abuse. Seemingly benign technology is often used by stalkers to monitor, surveil and control their victims, which can leave them terrified when out and about but also in their own homes.

"We're really excited to have this partnership with the Cyber Helpline so victims our advocates are already supporting can now get specialist support from industry leading experts. This will help secure evidence to bring stalkers to justice as well as keeping victims even safer."

John Dwyer added: "I'm aware of a recent storyline on a soap where the way a report of stalking was handled couldn't be further from the truth when it comes to what happens here in Cheshire.

"If you are a victim of stalking, be it cyber-related or otherwise, don't hesitate to let the police know. The support systems are there to protect you and help you to recover."

Find out more about The Cyber Helpline at: www.thecyberhelpline.com

Cestrian (Chester) Ramblers



Based in Chester, Cestrian (Chester) Ramblers attracts members from around the region, including Wirral, North Wales and Cheshire.



We offer Sunday walks, midweek walks - some with a pub lunch - and summer evening walks. Town trails are sometimes organised.

The group enjoys regular social events e.g. meals out, visits to places of interest and short walking breaks away.

Cestrian Ramblers Footpaths Group monitors the paths in Cheshire West, clearing and reporting problems to the Public Rights of Way Team. Normally, these inspections are twice a month.

Interested? Email: ramblerschester@hotmail.co.uk
or visit www.cestrianramblers.org.uk for more information

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Members organise various social events including meals out each Saturday evening, theatre visits and many other activities.

Our group of like minded unattached people enjoy getting out and about, and are happy to consider suggestions for trips and outings from all members.

Newcomers will be made most welcome. If you would prefer, we can arrange to meet you at the door.

For more information ring Brian on 0151 6481516, or Eileen On 01244 661873



THE TEAM TALK

by John Fowler

"Get in here, Warthog Face, the team is going down the nick. We haven't won for three games so I have written a motivational team talk for Saturday. It's almost like a speech but I think it will really inspire the lads and drive them on to greater things. It's a speech Churchill would have been proud of, so sit down there, old Wobbly Belly, and tell me what you think."

"Oh, you've got a way with words. I'm all ears."

"Don't forget your drinker's nose. Anyway let's get on with it. I'll read it out to you."

(The Speech)

"This is the game that will live in the memory forever; this is the game all players will relate to their grandchildren. This is the game when everyone will be brothers, and when a brother's blood is spilt, it is your own blood. Emotions will rise; tears will flow like a torrent stream, sweat on the brow will glisten like gold leaves in a red gleaming sun. Never in the history of our club, or indeed football life has such an onerous journey been embarked upon, but I repeat nobody, but nobody will flinch from the task. This is the game that will make the fans gasp in astonishment. I have a dream, ask not what the team can do for you but what you can do for Pablo. I have a dream, read my lips; there will be no u-turn (voice getting very emotional). We will fight them at the corners, there will be no surrender. I have a dream (voice rising to a crescendo). Cowards die many deaths but valiant players only one. I have a dream. The truth knows many paths. Let's raise our hands (starting to shout), cry God for England and Pablo!

Phew, I'm exhausted. What do you think? What do you think?"

"Err, sorry Boss, I dropped off, could you repeat it?"



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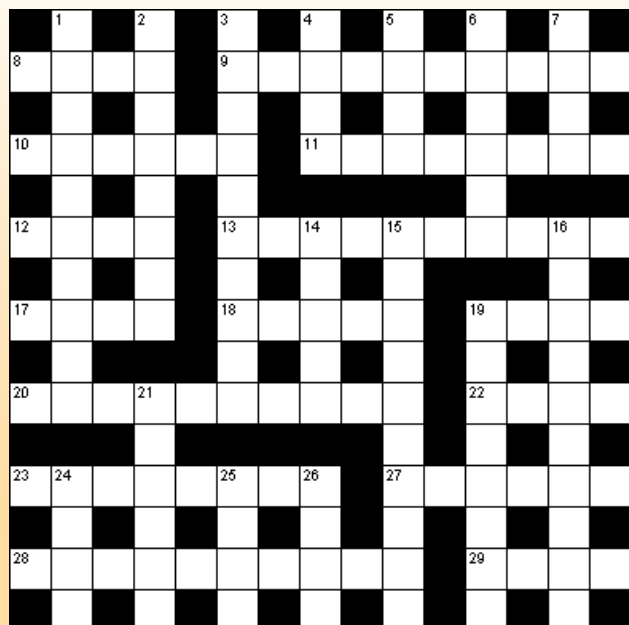
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PUZZLE CORNER



Down

- 1 Worshipfully (10)
- 2 Moving unsteadily (8)
- 3 Notes written in books (10)
- 4 An upright in a wall (4)
- 5 Chancy (4)
- 6 Dross (6)
- 7 A narrative (4)
- 14 Carries (5)
- 15 Enemy (10)
- 16 Criminal (10)
- 19 Standings (8)
- 21 A bad-tempered person (6)
- 24 Louts (4)
- 25 Islamic prayer leader (4)
- 26 Strike sharply (4)

Across

- 8 Note (4)
- 9 Not natural (10)
- 10 Chinch (6)
- 11 Fantasy (8)
- 12 A beautiful and graceful girl (4)
- 13 Countrywide (10)
- 17 Male deer (4)
- 18 Ease (5)
- 19 Lines (4)
- 20 Spectacles (10)
- 22 Not one (4)
- 23 A migratory American songbird (8)

- 27 Pertaining to a clan or family (6)
- 28 Fanatic (10)
- 29 A color between black and white (4)

Sudoku Puzzle

How to play:

The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid.

There is only one correct solution to each sudoku. Good luck!

Difficulty level: Medium.

3	8				4		2	
		5			7		1	8
	4			2			3	
				7				
				6	2		8	
						6		
				1	3			
		9				1		
7		1			5	9		

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July 22nd - August 28th

Summer Exhibition @ Oriel Glasfryn Gallery, 'Wales: It's Land, Sea & People' ,including Gallery in the Garden & Glasfryn Hall. A curated collection including paintings, ceramics, basketwork, glass & metalwork.

Refreshments served from the Horsebox Cafe on the front lawn:

Weds - Sat 10am - 5pm, Sunday & Bank Holidays 10am - 4pm (Please check website for opening times @orielglasfryngallery)





Book review:

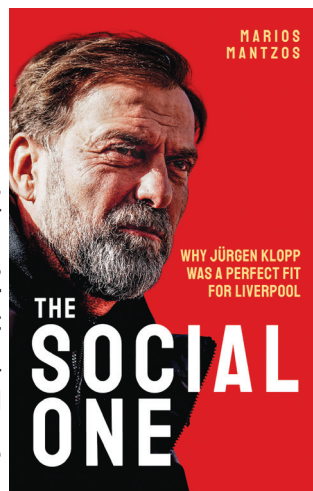
Teamwork: Appreciating the Contribution of Others

The Social One

Author - Marios Mantzos

Publisher - Pitch Publishing

This football season(2022-23) has been a tremendous challenge for many Premier League managers since, for an increasing number of clubs, the role of manager/head coach has become a "revolving door". **Even in April, as the season nears its final stages, the panic signs of "under achievement" and "relegation" have signalled the exit door for Potter (Chelsea), Rogers (Leicester City) and Vieira (Crystal Palace).** "Security" and "patience" are, for many clubs, not part of the job description. **As a neutral observer, I wondered how Jurgen Klopp had managed to "escape" being part of the "turmoil" and facing the guillotine for under achievement.**



In contrast with the "hire and fire" strategies adopted by many other clubs, **Liverpool have stood by the personal skills of Klopp which have resulted in previous success, despite the current dip in levels of performance.** In a compelling and insightful in-depth analysis of Jurgen Klopp's personal skills and motivational leadership qualities, Marios Mantzos "The Social One", unravels for the reader the qualities that Klopp displays. In a well researched text the author highlights the "raison d'etre" which justify labelling Jurgen Klopp as the "top human resources manager in modern sports history" and a "perfect fit for Liverpool".

Supporters of Liverpool will need no reminding of the demise of Liverpool as a leading Premier team following winning the championship in 1990 and Kenny Dalglish's resignation in February 1991. The following 25 years were "barren in terms of success". Managers such as Graeme Souness, Roy Evans, Gerard Houllier, Rafa Benitez, Roy Hodgson, Kenny Dalglish and Brendan Rogers could not stem the decline into "relative obscurity". **The inability to meet the challenge of other teams, in particular Manchester United, under the leadership of Sir Alex Ferguson, who dominated the success charts of the 1990s and early 2000s, was an "niggling" issue for supporters and the club's worldwide commercial enterprises.**

Following the sacking of Brendan Rogers in October 2015 the search was on for a "personality" who could re-ignite the "team" and generate the success necessary to satisfy the demands of the loyal supporters. **The author details how Jurgen Klopp was considered to have the attributes to be the "new Shankly".** He displayed as an outgoing individual with the skills to relate to and build partnerships with supporters and manage the team to "make them believe". **The author highlights the "socialist model" for development and success. The key focus was based on nurturing and motivating the "current squad" to play better, in "his way" and as a group, rather than spending exorbitant sums of money on new players who did not fit into his "scheme for success".**

Jurgen Klopp does not hide from his personal beliefs in terms of Christianity, LGBTQ+ and other issues such as poverty. For instance he is a member of the "Common Goal Family" of professional footballers, inspired by Juan Mata, whose members agree to give 1% of their annual salary to "people who really need it".

As a manager Klopp has displayed the personal skills to connect with the fans and put them "first" in terms of their emotional concerns and desires, in the image of Bill Shankly, who made Liverpool FC unique in that it "welcomed everyone", regardless of race, social class or gender. **I was particularly enamoured by Jurgen Klopp's statement "we have to entertain them, to make their lives better by forgetting their problems for 90 minutes"** and having a topic of conversation in the days prior to, and, following the game. Undoubtedly the dreams of supporters were met in June 2019 when the team returned from Madrid as European Champions and crossed the City of Liverpool in an open topped bus. **He has become a man "loved by the people of Liverpool" with the nickname "The Normal One" ...a Scouser in disguise!!**

A key feature of the book is how Marios Mantzos promotes the personal insight and empathy of the reader regarding the personal skills of Klopp as a leader. A key element of his inter-personal style is his ability to enter into a "conversational process" to gain the rapport of mutual trust and support. This is evident when he highlights the importance of high quality personal attributes in addition to playing skills necessary to play for Liverpool. Evidence shows that Klopp has a huge influence on individuals, both as footballers and human beings by creating a "Helping Syndrome" based on trust and accessibility by being "always there". Readers will gain considerably from the chapter on "Never give Up". As a preface, **the author highlights a quote from Nelson Mandela "I never lose, I either win or learn". This epitomises the "mindset" Klopp has built within the Liverpool squad in terms of dealing with a "bad psychological moment"** He emphasises that "nothing is over"..... we still have a "chance to comeback".

Readers who are currently managers or aspiring leaders in sport, industry or schools/ colleges will gain considerably from the chapter on "Making Stars", where **the author unravels Klopp's skills in creating the "unity of the team" by creating in the mould of Shankly, not only a bond with supporters but recognising, appreciating and acknowledging the role to the "team effort" of back room staff at all levels.** The section on "future managers" is full to overflowing on tips and strategies to be more personally effective and, in particular, gaining the skills to stimulate self drive and motivation in others by recognition of their contribution.

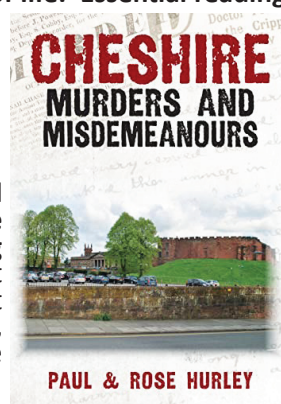
This is an outstanding insight into how the high level personal and managerial skills of Jurgen Klopp both in terms of generating "positive mindsets" of individuals and creating the "team effort" can be beneficial in other walks of life. Essential reading

Cheshire Murders and Misdemeanours

Authors - Paul & Rose Hurley

Publisher - Amberley Publishing

The tranquillity and beauty of life in rural Cheshire is enjoyed by many individuals and families as they "escape the pressures and bustle of working life" within the bordering cities of Liverpool and Manchester. However, rural life wasn't always a "peaceful haven". In a compelling and thought provoking book, "Cheshire Murders and Misdemeanours", Paul and Rose Hurley reveal the "dark side" of life in Cheshire during the 19th and early 20th centuries.



In contrast to present day affluence, Cheshire had many pockets of deprivation and rural poverty interlinked with "established wealth" and developing "income from enterprise". The thriving economy in the market towns of

Macclesfield, Winsford, and Northwich linked to, the attraction of the City of Chester alongside the developing industrial centres for employment such as Warrington, Runcorn and Ellesmere Port generated considerable social change. **Families who had been "trapped" in toiling long hours were moving from "rural poverty" to the towns in search of work. Unfortunately, social upheaval and breakdown of extended family support frequently resulted in social unrest and crimes, including murder.**

The authors have collated a range of "true stories" which promote awareness for the reader of "life in the raw" for many in Cheshire. The authors bring "history alive" by highlighting the "savage", no nonsense approach to imposing punishments and "justice". **The authors give accounts of public flogging, torture, transportation to the virgin lands of Australia and the Americas and in a number of cases, execution.** Chapter 1, Crimes and their Sentences gives graphic examples of death sentences "awarded" for crimes such as burglary. **"1779 William Ellis for burglary, and William Loom, discharging a loaded pistol at Charles Warren of Congleton, executed at Boughton".**

The stories of the crimes and sentences are visually "brought to life" with an excellent range of photographs appertaining to key areas of significance. The high standard of overall presentation highlight for the reader of the importance of "awareness of history around us". In addition, the stories highlight the key social relevance of issues of poverty, people in "service" to the more affluent and men moving between workhouses. **The recounting of stories such as "A Heinous Murder in Hyde", "Wife Abuse leads to Murder" and "Outrage in Over" are particularly relevant in terms of the current debates on social justice, lighter sentencing, children in care and parole for offenders.**

The authors are to be congratulated on bringing key aspects of social behaviour linked to the historical impact of crime and punishment within a rural area in an outstanding coherent style which "brings the past to life". Well worth reading.

About the reviewer

John T Morris BA(Hons), MEd, MPhil, DipPsych, CertEd.

John taught physical education in Ladbroke Grove, fitness coach at the Middle Row Boxing Club, weight training and fitness coach in Wrexham. He was head teacher of three specialist centres for young people in North Wales. His research at Lancaster University was on promoting "positive mindsets" to improve self drive. John is an FA coach. He has worked with young players at Fulham, Chelsea, QPR and Wrexham. He currently works with individuals and teams to develop resilience, tenacity, determination and team skills in sport, education and business.



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**LOVE
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DR AMIR KHAN - DOCTOR IN THE HOUSE IN CHESTER - STORYHOUSE 27th MAY 2023

Join everyone's favourite family doctor, Dr Amir Khan, for a fascinating, heart-warming, and frequently hilarious evening as he shares stories about growing up in his British Asian family with 5 sisters, ruled by Mama Khan, and his life as a general practitioner.

Live on stage, Dr Amir will detail his journey to becoming a doctor - something he never wanted to do, preferring to become a vet. But how many Asian vets do you see? None right. And how many Asian doctors do you see? Bloody loads. Influenced by his mother, Amir applied to study medicine, and the rest, as they say, is history; after appearing on GPs Behind Closed Doors, he is currently ITV's Lorraine and Good Morning Britain doctor, the host of Channel 5's You Are What You Eat, and author of bestselling book, The Doctor Will See You Now.

He'll share funny, emotional, and downright bizarre stories of patient encounters, painting a profoundly revealing portrait of healthcare in twenty-first century Britain. Years of underfunding and lack of staff have brought the NHS to crisis point and Dr Amir will argue why it should be saved, before it's too late.

Finally, Dr Amir will bring the doctors surgery to you, taking questions from the audience and tackling seemingly personal and often challenging subjects in a relaxed and practical manner, offering advice – from sleeping issues and headaches, to joint pain and heart palpitations.

This promises to be an entertaining, informative, and liberating evening. Don't miss this opportunity to spend an evening with Dr Amir Khan as he reminds us just how special the NHS really is.

Age guidance: 12+ This event will include detailed discussion of certain sensitive medical conditions.

For those who are unable to attend the live show, the event at Storyhouse, Chester will be live streamed via Fane Online. Worldwide viewing is available and the stream will be available for one week on demand after the initial broadcast, so you can watch at anytime if the initial broadcast time doesn't suit your timezone.



A moorland trek

One of the highlights of Chester Rambling and Hill Walking Club's programme is our spring weekend away. A few recent walks had been cancelled thanks to heavy snowfalls, drifts and dangerously frozen surfaces, so we were twitchily wondering what was in store for us over at Porthmadog, this year's weekend destination. Our last trip there, some years back, is etched firmly onto the memories of all who attended. This is only partly down to the great fun had by all, and partly due to the less than welcome arrival of snow on Day 2, which caused the A walk to be shortened, and the B walk to be undertaken in blizzard conditions. That same B walk featured again this time, so the forecast of 'light rain and a gentle breeze', though not on the surface a cause for great joy, brought smiles of relief to those of us who recall our previous visit!

As it turned out, rain on Day 1 only really affected members who went on the A and B walks at Diffwys and Beddgelert respectively. Those of us on the C walk on Moel y Gest got rained on once, just as we settled down to the culinary delights of our packed lunches! Our leaders, though adept at arranging walk routes, have yet to master the skills of weather governance, and those promised views of Criccieth Castle and the Rhinogs eluded us, thanks to low clouds that refused to budge all day.

Day 2 was altogether more promising. Our 9-mile B walk from Dyffryn Ardudwy took us inland up along an old drovers track. Pausing now and again, we turned to admire the views across the magnificent beaches and dunes at Morfa Harlech. Across the bay, the pale grey arm of the Llyn Peninsula could be picked out on the horizon.

Climbing slowly higher onto the moors, the hill tops became hidden in cloud. Occasionally the sun threaded its way through, producing some beautiful light effects and enhancing the distant views with its cheery rays. We were 300 metres above sea level at our highest point, up on the open moorland, surrounded by mountains. It's hard to imagine that this was once the 'main road' for packhorses and drovers travelling between Harlech and London! There's a wilderness feel here, and we encountered few other hikers, even after joining the well-signposted Ardudwy Way.

Roughly half-way through the walk, at Pont Sgethin, we stopped for our lunch break. This old packhorse bridge provides a crossing over the Afon Ysgethin, which traverses a wild and windswept plateau to meet the sea near Tal-y-bont. Here, we changed course, and were now on the opposite side of the valley heading back towards the shoreline. As the waters of Llyn Erddyn appeared to our left, the track began its slow descent to Pont Fadog. Having spent much of this hike on moorland, the environment suddenly changed as we entered the trees at Coed Cors-y-gedol. With its mossy stone walls and the river thundering past us, these woods almost had a rain forest feel to them! From here it was a short distance along field paths back to our starting point at Dyffryn Ardudwy.

If you fancy discovering new walks in Cheshire, North Wales and beyond, then joining a hiking group with experienced leaders could be the way to go! We have a choice of 2 - 3 grades of walks most Sundays: C's can be up to around 1,000ft of ascent, B's up to 2,000ft, and A grade walks tackle the higher crags, usually in Snowdonia. We are also out every other Wednesday for a hike of 8 - 9 miles, and our Tuesday evening walks kick off in May.

We are a very friendly group and new members are always warmly welcomed. Whatever your walking ability, if you love the outdoors and fancy meeting like-minded folk, dig out your boots and join us!

To find out more about Chester Rambling & Hill Walking Club, head over to our website: www.chesterwalkingclub.com Joining details can also be obtained by emailing chesramclub@yahoo.com

Maria Owen, Press Officer, Chester Rambling and Hill Walking Club





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