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The Monthly Business & Community Magazine



ROTARY MEMBERS

August 2018  
Issue 18

Your **LOCAL** magazine delivered monthly in & around Chester



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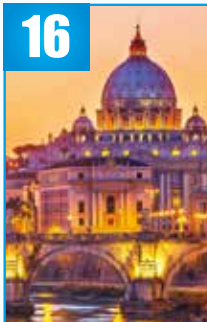
# WHAT'S IN THIS MONTHS LOVE CHESTER MAGAZINE

14



**What's Happening  
At  
Our Zoo**

16



**Holiday  
Destinations  
Italy, France, Spain**

24



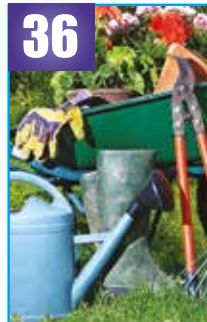
**Chester Rambling  
&  
Hill Walking**

32



**Auto Review  
by  
Tony Yates**

36



**August  
In  
The Garden**

## Love Chester

**The Local Magazine  
for Businesses in and  
around Cheshire.**

<b>Upton Dene Nursing Home - Editorial</b>	<b>8</b>
<b>Do You Know?</b>	<b>12</b>
<b>What's Happening At Our Zoo</b>	<b>14</b>
<b>Holiday Destinations</b>	<b>16</b>
<b>Chester Rambling &amp; Hill Walking</b>	<b>24</b>
<b>Career Opportunities - Let Alliance</b>	<b>25</b>
<b>Community News</b>	<b>30/31</b>
<b>Auto Review by Tony Yates</b>	<b>32</b>
<b>August In The Garden</b>	<b>36</b>
<b>Support Local Charities</b>	<b>40 - 43</b>
<b>Diary Dates 2018</b>	<b>46</b>
<b>Cheshire's Best Young Artists</b>	<b>47</b>
<b>Puzzle Corner</b>	<b>48</b>
<b>Our Advertising Deals</b>	<b>50</b>

**Cover Photograph :  
Grosvenor Park in Chester, England**



**Dear Friends,**  
**The end of the  
school year again!**

The children will be excited already starting their holidays, I hope the parents are enjoying the break too with them!

Summer is finally here, we certainly had a glorious May, June and July with the lovely weather. There is lots going on in and around Chester - see our **What's on Guide** for some great ideas, so check them out!

There is something for everyone, many of the events are free events too!

Each month we run many editorials, from recipes and gardening to motoring and holiday destinations, plus Charities Events and Community News to name a few!

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**Best Wishes  
Maxine & Mike**



Circulation of this **FREE** magazine is distributed to Chester and its surrounding villages.

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Our dedicated and caring team is committed to providing the highest standards of residential dementia, residential and nursing care for our residents in the comfort of wonderful surroundings.

Following an unannounced inspection by regulator the Care Quality Commission (CQC) we were delighted to achieve 'Good' ratings across all five outcomes of our recent report\*, including 'Caring', 'Well-led' and 'Safe'. Speaking about the glowing report, home manager Dawn Smith said: "We are thrilled to have been

awarded with a 'Good' rating by the CQC – it is a true testament to all of our team members who work tirelessly to provide the very best care, and to our lovely residents who we have the privilege of caring for each day."

Our exclusive care home features beautifully furnished en-suite bedrooms, light and airy lounge and dining areas and a cinema room.

### Being part of Upton

We believe in being an active part of Upton, welcoming the community into our beautiful home to be part of our residents' lives.

Come along to our upcoming events this summer! Visit our website to find out more about our weekly clubs and summer fete.

\*From an inspection carried out on 21 and 24 May 2018.

We look forward to meeting you.  
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# DO YOU KNOW?

1. Norway's Coat of Arms has a lion depicted, although there are no lions in Norway.

2. The two parts to the word "helicopter" are "helico" meaning spiral, and "pter" meaning one with wings, like pterodactyl.



3. The cuckoo in the world's largest cuckoo clock weighs 330 pounds.
4. The largest print photograph ever taken was 111 feet (34 m) wide and 32 feet (9.8 m) high.
5. In Bolivia, llama droppings are used to purify water.
6. The longest time between two twins being born is 87 days.

7. The world's deepest postbox is in Susami Bay in Japan. It's 10 metres underwater.



8. In 2007, an American man named Corey Taylor tried to fake his own death in order to get out of his mobile phone contract without paying a fee. It didn't work.
9. The oldest condoms ever found date back to the 1640s (they were found in a cesspit at Dudley Castle), and were made from animal and fish intestines.
10. In 1923, jockey Frank Hayes won a race at Belmont Park in New York despite being dead — he suffered a heart attack mid-race, but his body stayed in the saddle until his horse crossed the line for a 20–1 outsider victory.
11. Everyone has a unique tongue print, like fingerprints.
12. Female kangaroos have three vaginas.



13. Light doesn't necessarily travel at the speed of light. The slowest we've ever recorded light moving at is 38 mph.
14. Casu marzu is a Sardinian cheese that contains live maggots. The maggots can jump up to five inches out of cheese while you're eating it, so it's a good idea to shield it with your hand to stop them jumping into your eyes.
15. The loneliest creature on Earth is a whale who has been calling out for a mate for over two decades — but whose high-pitched voice is so different to other whales that they never respond.

16. During World War II, the crew of the British submarine HMS Trident kept a fully grown reindeer called Pollyanna aboard their vessel for six weeks (it was a gift from the Russians).

17. The northern leopard frog swallows its prey using its eyes — it uses them to help push food down its throat by retracting them into its head.
18. The first man to urinate on the moon was Buzz Aldrin, shortly after stepping onto the lunar surface.
19. Some fruit flies are genetically resistant to getting drunk — but only if they have an inactive version of a gene scientists have named "happyhour".
20. In 1567, the man said to have the longest beard in the world died after he tripped over his beard running away from a fire.

21. In 1993, San Francisco held a referendum over whether a police officer called Bob Geary was allowed to patrol while carrying a ventriloquist's dummy called Brendan O'Smarty. He was.



22. The Dutch village of Giethoorn has no roads; its buildings are connected entirely by canals and footbridges.
23. Powerful earthquakes can permanently shorten the length of Earth's day, by moving the spin of the Earth's axis. The 2011 Japan earthquake knocked 1.8 microseconds off our days. The 2004 Sumatra quake cost us around 6.8 microseconds.
24. The first American film to show a toilet being flushed on screen was Alfred Hitchcock's Psycho.
25. Melting glaciers and icebergs make a distinctive fizzing noise known as "berg seltzer".
26. There is a glacier called "Blood Falls" in Antarctica that regularly pours out red liquid, making it look like the ice is bleeding. (It's actually oxidised salty water.)



27. In 2008 scientists discovered a new species of bacteria that lives in hairspray.
28. The top of the Eiffel Tower leans away from the sun, as the metal facing the sun heats up and expands. It can move as much as 7 inches.
29. Lt. Col. "Mad" Jack Churchill was only British soldier in WWII known to have killed an enemy soldier with a longbow. "Mad Jack" insisted on going into battle armed with both a medieval bow and a claymore sword.
30. The Romans used to clean and whiten their teeth with urine. Apparently it works. Please don't do it, though.





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# OUR ZOO

## What's happening at Chester Zoo.

**Rare greater one-horned rhino born at Chester Zoo**



- CCTV captures momentous moment rare calf arrives into the world
- New youngster is seen getting to its feet and feeding for the first time in charming footage
- Proud mum Asha delivers 60kg baby after 16-month pregnancy
- Zoo releases FIRST images of 'bolshie' newcomer
- Greater one-horned rhinos are vulnerable to extinction in the wild
- New calf is a significant and important boost to the endangered species breeding programme
- Zoo conservationists are working in Asia to protect threatened habitats where the species is found



# OUR LATEST NEWS & EVENTS

CCTV footage shows the wonderful moment a rare greater one-horned rhino is born at Chester Zoo.

A rare greater one-horned rhino calf has been born at Chester, with the "momentous" birth captured live on CCTV.

The male calf arrived to mum Asha (11) following a 16-month gestation and a 20-minute labour.

Charming footage released by the zoo shows the as yet unnamed youngster getting to its feet to take its first wobbly steps before feeding for the first time shortly after.

Zoo conservationists have hailed the birth of the "precious, bolshie newcomer" as a big boost to the endangered species breeding programme, with the greater one horned rhino listed as vulnerable to extinction by the International Union for the Conservation of Nature (IUCN).

The animals are threatened in the wild by the illegal poaching of their horns and habitat loss.

Tim Rowlands, Curator of Mammals, said:

*"Asha is a superb mum and delivered her little bundle of joy in very relaxed fashion – almost lying down completely to give birth.*

*"Greater one-horned rhinos are a vulnerable species and every new calf is ever so special. This is a momentous new arrival.*

*"Rhinos around the world are under increasing pressure due largely to the senseless poaching of their horn. We need more people to be aware of their plight and join us in the fight to end the slaughter and ensure these magnificent animals are around for the future. Asha's precious new arrival, which is already developing into quite a bolshie little character, will hopefully go some way to keeping rhinos and the surrounding issues in the spotlight."*

Chester Zoo is part of a breeding programme coordinated by the European Association of Zoos and Aquariums (EAZA) that is focused on sustaining the greater one-horned rhino population.

Mike Jordan, Collections Director, added:

*"At one stage, the greater one-horn rhino was hunted almost to extinction and there were less than 200 in the wild. Thankfully, steps to protect them were taken just in time and today there are around 3,500 in India and Nepal.*

*"That number though is still desperately small and they continue to face threats to their long-term survival. As with the rhinos in Africa, they are targeted for their horns by poachers and much of the land where they once lived has been taken over by humans. It's therefore vitally important that we act for wildlife to ensure the population doesn't dip to critically low levels again."*

## Rhino fast facts

- Greater one horned rhinos live in north-east India and southern Nepal
- Their scientific name is *Rhinoceros unicornis* giving a nod to their one horn
- They can weigh up to a whopping 2.4 tonnes
- Despite their bulky size, greater one-horned rhinos can run at speeds of up to 25mph and are excellent swimmers
- Asha's calf was born at around 6pm on 03/05/2018
- Dad Beni is 13 years old
- The calf is only the second greater one-horned rhino to ever be born at the zoo and the first for four and half years





# HOLIDAY DESTINATIONS

## ITALY, FRANCE, SPAIN, BALEARIC ISLANDS



*Tiber River and the Vatican City*

**O**n this holiday you will visit some amazing cities including Barcelona, which is the capital city of the autonomous community of Catalonia in Spain and Spain's second most populated city. Founded as a Roman city, in the Middle Ages Barcelona became the capital of the County of Barcelona.

The city is full of culture and wonderful architecture such as Gaudi's masterpiece, Sagrada Familia church. Here you're sure to visit all the main attractions and night life with its great restaurants and bars.

You will be staying for 3 nights in Italy's major city to visit which is my favourite - **Rome**. You will be staying at the fantastic **Rimini Hotel**, full of charm and character.

**Rome** is the capital of Italy and of the Lazio region. With 2.9 million residents in 1,285 km2 (496.1 sq mi).

Rome's history spans more than two and a half thousand years. While Roman mythology dates the founding of Rome at only around 753 BC, the site has been inhabited for much longer, making it one of the oldest continuously occupied sites in Europe.

The city is located in the central-western portion of the Italian Peninsula, within Lazio (Latium), along the shores of Tiber river. The Vatican City is an independent country geographically located within the city boundaries of Rome, the only existing example of a country within a city: for this reason Rome has been often defined as capital of two states.

Monuments and museums such as the Vatican Museums and the Colosseum are among the world's most visited tourist destinations with both locations receiving millions of tourists a year. Rome also hosted the 1960 Summer Olympics.

Rome has earned its ancient nickname of The Eternal City - no matter how many places in Italy vie for our attention, there's no city that can compare to Rome. Here you can walk the same streets that Caesar once walked, set foot in the smallest independent nation on earth, and see the handiwork of some of the world's greatest artists. Then you can turn a corner to see how modern Romans live alongside all that historic splendor.

Stroll through the one-time epicenter of the Roman Empire, gaze over the largest Roman amphitheater, see the Pope give his weekly address in St. Peter's Square, test your resolve at the Mouth of Truth, learn to fight like a gladiator, and find out what makes Roman pizza different from the stuff you'll eat in Naples. Few cities can entertain and overwhelm as quickly as Rome, so plan to take your time - and take plenty of breaks to sample the city's famous coffee and gelato. And don't forget to throw a coin in the Trevi Fountain to make sure you get a return trip to this most fascinating of cities.

You will then sail away to visit **Marseille** which is the second largest city in France after Paris.

Marseille was historically the most important trade centre in the



*Trevi Fountain*

region and functioned as the main trade port of the French Empire. Marseille is France's largest city on the Mediterranean coast and largest commercial port as well as a leading cruise and freight port.

You will then sail away to visit **Barcelona**, prepare to be wowed by the creative genius of Gaudi, take time out along the stunning harbour, and get to know these sandy shorelines by the shimmering Mediterranean. Bars, beaches, boutiques and more...

You again set sail for the beautiful island of **Mallorca** one of Spain's Balearic Islands in the Mediterranean. It's known for beach resorts, sheltered coves, limestone mountains and Roman and Moorish remains. Capital Palma has nightlife, the Moorish Almudaina royal palace and 13th-century Santa Maria Cathedral.

**Palermo** in Italy is your next port of call before returning once again to Rome. Palermo is the capital of the Italian island of Sicily. Enjoy yourself if you book this holiday.

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# Cliffs, canvas & cream teas



We are very lucky here in Chester that we live in an area teeming with fabulous walking opportunities in each direction. The Chester Rambling and Hill Walking Club programme regularly includes hikes in Cheshire, North Wales and the Wirral, and occasionally further afield in Shropshire, Derbyshire and Lancashire.

Increasingly popular are the Club Camps, offering the ideal chance to experience walking in less familiar parts of the country. During the last couple of years, these events have taken us to the Brecon Beacons, Herefordshire, Barmouth and the Llyn Peninsula, and we've just recently returned home from a gloriously warm, dry week in South Devon.

This visit to the Jurassic Coast was a first for my other half and I, as well as some of our fellow members. Straddling nearly 100 miles across East Devon and Dorset, the area has been designated a World Heritage Site, due to its outstanding geological history. Erosion and landslips mean the coastline is forever on the move, and rock strata and fossils are constantly being exposed. Walking along and beneath these breathtaking cliffs is an experience not available to us back home in the North West, and we loved every minute!

The week saw us striding happily along the coast at Seaton, Beer, Branscombe, Ladram Bay and Otterton, as well as slightly inland at Colyton and Stoke Abbot. Highlight of the week was possibly the climb up to the top of Golden Cap, the highest point on England's South Coast. From here, looking east, we could just pick out the outline of Portland Bill in the far distance. Other highlights of this year's summer camp included a tram ride to the start of the walk at Colyton. And the red sandstone cliffs at Seaton were stunning. Oh, and the ice cream. The cream teas were good, too....

The weather was perfect, as well. Unusually, it only rained once and that was overnight when it mattered but little. Temperatures hovered at around 23°C all week and copious amounts of tepid water had to be drunk to prevent dehydration. A mobile, rucksack-sized chiller would be a useful accessory for summer walking, but I've yet to see this hit the shelves of the outdoor shops. In the meantime, lukewarm aqua vitae it must be.

While many of us enjoy the challenge of camping or caravanning, other members prefer brick walls and a proper roof over their heads. Whichever camp site we head for, there are always B & B and self-catering options available nearby. The main purpose of these trips away is to discover new areas, walk new ground and enjoy the company of like-

minded people who share our love for the great outdoors. Doing this as a group is a very sociable affair and many good times are experienced, whether we opt for canvas accommodation or otherwise!

We are fortunate in our Club to have a small pool of experienced and dedicated members who are sufficiently confident to organise group camps for us. Given that the destinations involved are usually well beyond the county perimeter, the camps require many months of planning to find a suitable campsite, and devise and reconnoitre walks for each day. Our next Camp takes us down to the Cotswolds in September, and work is in hand for next summer's events at Hadrian's Wall and South Shropshire. Watch this space for 2020 too.....

**Fancy joining us? Check what we have planned for the rest of the summer by visiting our website.**

**[www.chesterwalkingclub.com](http://www.chesterwalkingclub.com)**

Maria Owen, Press Officer, Chester Rambling and Hill Walking Club

## CHESTER RAMBLING & HILL WALKING CLUB

We are a Chester-based walking club, offering up to 3 grades of walks on Sundays, and alternate Wednesdays, and a programme of short summer rambles on Tuesday evenings. The summer season also sees a flurry of camping activity, when we pack up our tents, hook up the caravans, book B & B's and cottages, and head off to destinations slightly further afield for a few days.

Led by experienced leaders, our Sunday and Wednesday walks last approx 6 hours, so bring picnic, flask and water. These hikes cover Snowdonia and North Wales, Cheshire, Shropshire, Lancashire and Derbyshire. Sorry - no dogs or under 18s allowed on our walks.

The club runs mid-week social evenings during the winter, including supper evenings, quiz nights and the ever popular Christmas party!

Why not come and join us on a trial basis without paying the fee?

Find out more by emailing [chesramclub@yahoo.com](mailto:chesramclub@yahoo.com) or head over to our website for more details:  
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# COMMUNITY NEWS

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## HOSPICE STAFF CONTINUOUS LONG SERVICE AWARDS.



Lynne Moorhead 20 Years

Over 30 members of staff at the Hospice of the Good Shepherd have been recognised for dedicating long service to Chester's adult hospice.

The Chair of Trustees, Robert Mee along with fellow trustee Margaret Hopkins presented the awards to 30 staff members who have achieved 10, 15, 20 or 25 years of continuous service. The event took place on Tuesday 5th June in a Marquee in the Hospice grounds which has been actively used as part of the Hospice Community

Engagement Week to engage with the local community.

Some of those recognised at the ceremony included Social Worker, Lynne Moorhead from the Hospice Family Support Team. Lynne, joined the Hospice 23 years ago

She said: "Since joining 23 years ago I have seen the Hospice grow, both in numbers of staff and the number of patients we treat. In my time here I have been lucky to have met and worked with wonderful people and





# COMMUNITY NEWS

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Staff group shot with Margaret Hopkins

been part of a diverse team which goes from strength to strength. I thoroughly enjoy demonstrating how Hospice staff work together to provide the best care for patients and families with a life limiting illness."

Chief Executive at the Hospice of the Good Shepherd, Margaret Wright said: "It makes us very proud to recognise the long-standing support and hard work of so many of our staff. That level of continuity is vital in helping us progress our services and our patients benefit massively from their dedication. They all thoroughly deserve this recognition."

The Hospice of the Good Shepherd is a local independent charity providing end of life care and support for patients, their families and carers living with cancer and other life limiting illnesses in Chester, West Cheshire, Ellesmere Port and Deeside.

For further information on events and services please visit  
[www.hospicegs.com](http://www.hospicegs.com)

**HOSPICE**  
OF THE GOOD SHEPHERD

## Volvo V90 D4 Momentum 8-speed Auto



*Volvo V90 D4 Momentum 8-speed Auto – Probably the best car you will ever drive. If you have ever owned a Volvo you will know only too well about the stigma that used to surround the owner of such a vehicle and how many people will assume the only reason you bought one in the first place was because you were either a painter & decorator, over the age of 65 or you find watching the ‘Time Team’ on TV one of the most exciting events since the birth of the baby Jesus.*

*Well none of the above is actually true of course and it's all a bit of a red herring if I'm being honest, because buying a Volvo right now will probably be the best decision you are ever likely to make now or at any time in the future.*

### **Power and Efficiency**

The V90 I have on test is powered by a 1969cc diesel engine that has 190hp and 400Nm of torque. Fuel economy also comes in at around 62.8mpg (combined) and CO2 emissions of 119g/km, along with a Top speed of around 140mph. This is a big car though – and I felt that the engine needed a bit more power to help give it a bit more of a sprint appeal – but, if you select the ‘dynamic’ driving mode things start to feel that little bit more exciting and the V90 picks up its pace, but without having a massive effect on fuel economy.

### **On the Road**

I expected nothing but the best and I was not disappointed. The V90 does not roll and scamper around like a scalded cat – it just glides. It's actually like driving around on air – it's that good. The grip levels are also another part of the V90 that work so

well – because Volvo have once again built a car that feels epic on the road and so sure footed that even the most over enthusiastic driver would struggle to get it out of shape.

The new V90 also delivers cutting-edge Pilot Assist semi-autonomous drive technology, which for me is the most advanced standard safety package on the market today and includes Large Animal Detection and Run-off Road Mitigation – which is yet another safety feature keeping you safe while out on the road.

### **Safety and Technology**

Some of the standard equipment in the V90 includes; Sensus Navigation, Voice-control system, City Safety – includes pedestrian, cyclist and front collision warning with fully automatic emergency braking - including at junctions. Plus, Pilot Assist and Adaptive Cruise Control, Run-off road protection - automatically tightens the front seatbelts should the car inadvertently leave the road, LED headlights with active high beam, Two-zone

climate control with 'Cleanzone' air-quality system, Eight-inch active TFT crystal driver's information display, 17-inch alloy wheels (18-inch on D5 PowerPulse versions) and Volvo's in-car infotainment control system which is basically a 9" touch screen control panel and where the majority of functions inside the vehicle are controlled from.

### **To Sum Up**

The V90 is simply epic – and why we should all consider owning one.

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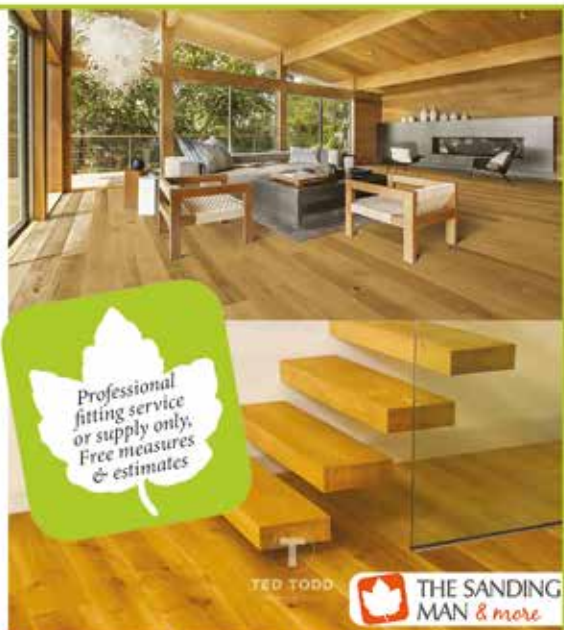
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# August in the Garden

*For many gardeners the month of August begins the downhill slide into off season. Warm climate gardeners have a second chance, but some don't have a second wind after summer's heat. Your garden is harder than you think and there are plenty of gardening tasks for August that will keep your flower and vegetable gardens going longer, as well as opportunities to get a head start on next year's garden plans.*



## Here's a Garden-To-Do List for the sultry month of August:

- Seed a fall crop of peas and spinach and keep harvesting. There's always something to make with zucchini.
- Pick herbs for fresh use and for drying. Harvesting will keep them growing longer.
- Order spring bulbs for planting and forcing.
- Check that your mulch hasn't decomposed and add more as needed.
- Spread a mid-season layer of compost or manure.
- Keep deadheading and harvesting.
- Leave some annual seeds to self-sow.
- Start saving seeds and taking cuttings.
- Remove any diseased foliage now, so it doesn't get lost in the fall leaves.
- Cut back the foliage of early bloomers like Brunnera and hardy geraniums, to revitalize the plants.
- Prune summer flowering shrubs as the flowers fade.
- Trim and feed hanging baskets to prolong their beauty.
- Take pictures of your garden at peak. Take pictures of container combinations you'd like to repeat.

- Begin dividing perennials. Start with the bearded iris.
- Pot up perennial divisions for spring plant swaps. Sink the pots into the ground this fall and they'll be one less chore in the spring.
- Plant trees, shrubs and perennials now, so they can take root, and keep them well watered.
- Get your fall-blooming crocus and colchicum planted so they'll bloom on time.
- Start moving houseplants back indoors, so they get used to the limited sun exposure and humidity. Maybe bring some outdoor plants inside, to over winter, too.
- Begin planting for the fall/winter vegetable garden.
- Plant a spring crop of garlic.
- Get the rose garden in shape for fall planting.
- Order spring flowering bulbs for pre-chilling.
- Feed citrus trees after harvest.



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## Local Business Corfe Stone Joins UK Leader CED Stone Group

Hooton based firm Corfe Stone has been acquired by CED Stone Group, a leading family-run business with a prominent name in the UK hard landscaping industry. With five other nationwide depots, CED Stone welcomed Corfe Stone to their group as part of their exciting growth initiative.

Corfe Stone has supplied hard landscaping products such as stone paving, gravels, sands and walling to both

commercial and domestic customers in the North West for over 30 years. With an extended showroom displaying their full range of products for customers to view and an 8800 square foot warehouse, Corfe Stone has always held a large presence in the local area. Helping to support other businesses in the area, they regularly refer customers to their list of recommended local contractors to carry out their installation work.

The two companies certainly have a lot of common!

CED Stone Group provides one of the most extensive range of natural stone and hard landscaping products on the market. Fulfilling the needs of an ever-changing industry, they work with a wide range

of customers from architects and contractors to City Councils and RHS Garden Designers. Corfe Stone's existing staff of ten have remained at the heart of the business, bringing with them highly valuable experience, knowledge and customer relationships.

Corfe Stone has continued to trade under its own well-known and respected name, but following on from CED Stone Group's extensive company-wide re-branding, it will be transforming to [CED Stone Landscape North West – Corfe Depot](http://www.cedstone.co.uk).

For further information about CED Stone Group, their extensive product range and their new branding, visit [www.cedstone.co.uk](http://www.cedstone.co.uk)



# Corfe Depot

**“Like CED, Corfe Stone is a family-owned company, which has been trading for over forty years. Its products, traditions and customer service ethos are very similar to ours. The business is a great fit for us and we look forward to serving Corfe’s loyal customer base” -**  
Managing Director  
Giles Heap



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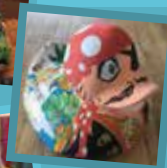
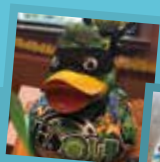
RIVER DEE  
THE GROVES  
CHESTER

SPONSORED BY

HICKORY'S  
SMOKEHOUSE

£2.00  
BABY  
DUCKS

£220  
CORPORATE  
DUCKS



EVENT SUPPORTED BY



Chester's  
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Cheshire West  
and Chester

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ACTIVITIES FROM  
12 NOON

# HICKORY'S SMOKEHOUSE

## CHESTER DUCK RACE



COME ALONG ON THE DAY TO WATCH THE AMAZING SIGHT OF THOUSANDS OF YELLOW, PINK AND BLUE DUCKS RACING ON THE RIVER

12.00-14.00

VIEWING OF CORPORATE DUCKS, CHILDREN'S COLOURING COMPETITION, BUY MORE BABY DUCKS!

15.00

RACING STARTS - CORPORATE DUCK RACE FOLLOWED BY THE BABY DUCK RACE.

### CORPORATE DUCK RACE PRIZES

BEST DRESSED TROPHY - FACEBOOK FAVOURITE  
TROPHY - CELEBRITY DUCK TROPHY  
FASTEST DUCK WINS A TROPHY AND A HALF DAY  
TEAM BUILD FOR UP TO 10 PEOPLE AT



CONTACT - HANNACLARKE@NHS.NET FOR MORE DETAILS

### BABY DUCK RACE PRIZES

FIRST £250  
SECOND £150  
THIRD £100



NAME

EMAIL

PHONE

WE NEED THIS TO CONTACT YOU IF YOU ARE A WINNER SO PLEASE WRITE CLEARLY

YOUR SUPPORT HELPS US TO PROVIDE MORE FOR PATIENTS AT THE COUNTESS & ELLESMERE PORT HOSPITALS. WE WOULD LIKE TO KEEP YOU INFORMED ABOUT HOW YOUR DONATION HAS HELPED AND KEEP YOU POSTED ABOUT NEW DEVELOPMENTS. TO DO THIS WE NEED YOU TO SAY YES.  
PLEASE TELL US IF YOU WOULD BE HAPPY FOR US TO CONTACT YOU:



BY EMAIL: YES/NO



YOUR DETAILS WILL ONLY BE USED BY THE COUNTESS CHARITY. YOU ARE FREE TO CHANGE YOUR MIND AT ANY TIME BY CALLING 01244 366240 OR EMAILING EMMA.BOYLAN1@NHS.NET WE PROMISE TO ALWAYS KEEP YOUR DETAILS SAFE. WE'LL USE THEM TO COMMUNICATE WITH YOU IN THE WAY(S) THAT YOU HAVE AGREED TO AND TO PROCESS THE DONATIONS OR SUPPORT YOU HAVE GIVEN TO US

## DUCKS £2.00 EACH

PLEASE WRITE NUMBER OF DUCKS REQUIRED IN EACH BOX

PINK

BLUE

YELLOW

DUCK COLOURS ARE OFFERED SUBJECT TO AVAILABILITY ON A FIRST COME FIRST SERVED BASIS.  
IN THE EVENT OF ONE COLOUR BEING UNAVAILABLE WE WILL SUBSTITUTE AN ALTERNATIVE COLOUR.

PLEASE MAKE CHEQUES PAYABLE TO COCH CHARITABLE FUNDS



# PLEASE SUPPORT LOCAL CHARITIES

This page is dedicated **FREE** to all registered Charities who wish to advertise.

SPONSORED BY

**OLIVER & Co**  
SOLICITORS

# foamtastic COLOUR BLAST

## Start in white and finish bright at the Hospice Foamtastic Colourblast!

The Hospice of the Good Shepherd has officially launched their brightest and messiest fundraising event yet to help raise money for local people with a life limiting illness.

Participants will get covered in a kaleidoscope of rainbow colours and incredi-bubble foam at the Foamtastic Colourblast on Sunday 30th September at Chester Racecourse, sponsored by Oliver & Co.

The Foamtastic Colourblast is not your average fun run. Once you begin



to make your way around the track powder paint will be thrown from individual colour stations covering you from head to toe and you will be blasted with foamy bubbles in our foam pits.

Phil Crawford, Hospice Community Fundraiser, said: "It's an un-timed race in which hundreds of participants will run, walk, hop, skip, jump or dance to the finish line - the Foamtastic Colourblast is all about having fun while raising money for your local Hospice.



# PLEASE SUPPORT LOCAL CHARITIES

This page is dedicated **FREE** to all registered Charities who wish to advertise.

## CHESTER RACE COURSE SUNDAY 30TH SEPTEMBER 2018 START 12 NOON



**COLOUR me HAPPY**

"You can run on your own, as a family, with friends or colleagues as a way to support the Hospice, or do it in memory of someone who has brought colour into your life; our route is child-friendly.

"Online registrations have officially opened but we don't want people to be disappointed. The event is expected to be popular so don't delay, register your place now and take advantage of the early bird offer!"

Entertainment, merchandise and refreshments will add to the atmosphere and spectators are more than welcome.

**EARLY BIRD prices before 31st July:**  
**£12.50 per adult and £7.50 per child**  
**and tickets include a Foamtastic**  
**Colourblast t-shirt and medal.**

Register your place today  
online <http://buytickets.at/hospiceofthegoodshepherd/163653>

## MAJOR GRANTS



## REGIONAL GRANTS



## FUNDING PROGRAMMES



## ENABLE

## MINIBUSES



Steve Morgan Foundation welcomes applications from small and medium sized local organisations based in Merseyside, North Shropshire, North Wales and Cheshire (west of M6).

**Contact us to discuss your eligibility**

01829 782808

[hello@stevemorganfoundation.org.uk](mailto:hello@stevemorganfoundation.org.uk)





# DIARY DATES AUGUST 2018

**May - September 2018**

**Wild Worlds at Chester Zoo**

**Chester Zoo, Upton-By-Chester,  
Chester, CH2 1EU**

This summer, something different is happening at Chester Zoo!

We're inviting you to a one-of-kind celebration. A festival made for everyone.

Discover NEW spaces within the zoo's favourite places, experience head-turning moments, breath-taking experiments and pop up performers!

Let your imagination roam wild and explore wonderful WILD WORLDS at Chester Zoo.

We want you to experience a whole new dimension to Chester Zoo, one we're creating in collaboration with talented artists, landscape designers, scientists and entertainers.



**27 June - 5 August 2018**

**Castle Park Arts Centre  
New Exhibitions**

**Castle Park Arts Centre, Frodsham  
WA6 6SE**

**[www.castleparkarts.co.uk](http://www.castleparkarts.co.uk)**

Castle Park Arts Centre has four new exhibitions showing from 27 June until 5 August 2018. Come and meet the artists on Friday 29 June 2018, enjoy a drink and visit all the exhibitions between 7 - 9 pm. Chris Newsham will be in the Link Gallery with an exhibition called 'Worms Head' - taking the geomorphology of the Gower peninsula.



**5th August 2018**

**MBNA Family Funday**

**Chester Racecourse,  
Watergate Square, Chester,  
Cheshire, CH1 2LY  
Tel: 01244 304610**

Enjoy a day of family fun at Chester Racecourse, with racing action and plenty of fun free activities for the younger racegoers.

Get the family together and enjoy a picnic on the Roodie in the heart of the beautiful city of Chester.

Gates Open: TBC



**6 July - 28 August 2018**

**Grosvenor Park Open Air  
Theatre 2018**

**Grosvenor Park**

**9 The Groves, Chester CH1 1SD**

Grosvenor Park Open Air Theatre is one of the country's best-loved open air theatres. The sounds of popping corks, picnics unpacked and happy audiences is the defining sound of Chester's summer. 6 JULY - 26 AUGUST 2018.

Read more at

**[www.grosvenorparkopenairtheatre.co.uk](http://www.grosvenorparkopenairtheatre.co.uk)**



**Thursday 9th August 2018**

**Ronnie Scott's Thursdays**

**3 Pepper St, Chester CH1 1DF**

Enjoy performances featuring artists from legendary Ronnie Scott's every Thursday.

Full details of this seasons's

performances here.

7pm: Doors open

8.30 - 9.30: Set 1

10.00 - 11.00: Set 2

Midnight: Carriages

Music tickets £15, choose from the à la carte menu or the £50 Jazz menu.

Contact Sara Boothby on

07392868662 or e-mail.

**[sara.boothby@individualrestaurants.com](mailto:sara.boothby@individualrestaurants.com)**



**17 - Saturday 18 August 2018**

**Gin, Vodka & Rum Festival**

**Chester Racecourse,  
Watergate Square, Chester,  
Cheshire, CH1 2LY  
Tel: 01244 304610**

At the Spirit Festival, we want to bring you new and exciting Gins, Vodkas & Rums that will tickle your taste buds and give you new taste experiences.

We will bring along over 140 amazing gins, vodkas and rum\* which are distilled from only the finest botanicals and grains. We will also give you the opportunity to meet a selection of Master Distillers which will be in attendance to answer any questions and provide classes.

**Ticket £10 Includes entry, spirit guide, souvenir glass, pen, badge. & £5 DRINK TOKEN**



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## Cheshire's best young artists crowned at Storyhouse, Chester



art  
dot  
schools

Two talented young artists are celebrating after battling it out with almost 300 pupils from schools across Cheshire to be named the area's best young artists.

Pranathi Tulasi, a Year 9 student from The Catholic High School Chester and Tahlia Buckley a Year 5 student from Acton CE Primary Academy, were crowned the overall winners of the dot-art Schools competition at a special prize-giving ceremony at Storyhouse, Chester on Thursday 7th June 2018.

Pranathi's winning piece titled Susan Davis Painting 1, a painting inspired by artist Susan Davis's work resembling a night-time forest with birds; and Tahlia's dynamic acrylic painting of a volcano and crashing waves, entitled Tahlia's Great Wave both featured alongside the other shortlisted artworks in the second annual dot-art Schools Cheshire exhibition. This free exhibition at Storyhouse in Chester opened to the public from Friday 8th June to Sunday 24th June.

dot-art Schools is already a well-established fixture in the academic calendar for many Merseyside schools; since its inception over 4700 students from over 270 schools have taken part. This is the sixth year it will take place in the Liverpool City Region and due to its success and a partnership with Liverpool John Moores University, a parallel scheme for Cheshire West & Chester, Cheshire East and Warrington was launched last year.

Entrants are asked to produce a piece of 2D or 3D artwork on any theme. Schools initially submitted up to 25 student pieces of art which were then shortlisted by a judging panel made up of representatives from well-respected arts and cultural institutions including National Museums Liverpool and LJMU Liverpool School of Art & Design, and Storyhouse engagement team who selected their top three entries from each school ready for a public vote. Over 3000 members of the public voted online for their favourite piece of work from each school to win a place in the exhibition.

The overall winners and runners-up for both primary and secondary categories were chosen by guest judge Una Meehan of the Philip Barker

Centre for Creative Learning, in University of Chester; and announced at a prize-giving ceremony and launch of the exhibition. Each shortlisted student was presented with a certificate by Alexis Redmond MBE, High Sheriff of Cheshire during the ceremony.

As the winner of the Year 9 category Pranathi was also awarded a scholarship to Dot-Art, giving her a year's membership to dot-art's network, allowing her to showcase and sell her work alongside professional artists, while Acton CE Primary Academy student Tahlia won the Year 5 category and was presented with prizes donated by Cass Art and afternoon tea for two at the Townhouse Hotel, Chester.

The runners up in the secondary category were Connor P from Green Lane Community Special School for his digital self-portrait; and Lean Eugenio of Neston High School for her detailed watercolour and ink drawing of a young woman. The primary category runners up were Samuel Johnson of Kelsall Primary School for his mixed media landscape and Freddie Morris of Archers Brook SEMH Residential School for his watercolour painting of a wolf. The two runners up in both categories were also presented with prizes including a goody bag of art materials from Cass Art and tickets for theatre productions at Storyhouse.

Dot-art Schools project manager Carolyn Murray commented: "The standard of work was outstanding again this year and it's thrilling to see we have so many talented young artists in the region. Not many young people get the chance to have their artwork displayed in a public exhibition so everyone who was shortlisted should feel very proud. The exhibition is a fantastic opportunity for the public to check out the best work by some of the region's rising stars"

Registration for next year's dot-art Schools competition opens in September but schools that sign up before the end of this term will receive an early bird discount. For more information visit [www.schools.dot-art.com](http://www.schools.dot-art.com) or contact Carolyn Murray by emailing [schools@dot-art.com](mailto:schools@dot-art.com).



[schools.dot-art.com](http://schools.dot-art.com)



[schools@dot-art.com](mailto:schools@dot-art.com)



0345 0176660



dot-art Schools

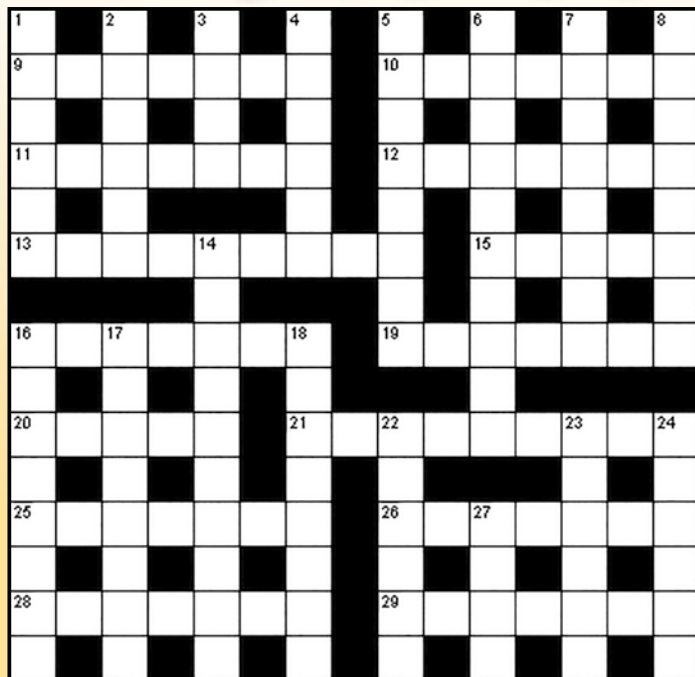


@dotartschools



0870 1412116

# PUZZLE CORNER



## Down

1. Chronicles (6)
2. Pertaining to a bride (6)
3. Newbie (slang) (4)
4. View (6)
5. Graphic symbol (8)
6. Vilify (10)
7. Disapproved (8)
8. Educator (8)
14. Rainproof (10)
16. Carved deeply into (8)
17. Cardiopulmonary exercises (8)
18. One who makes payment (8)
22. Personal security (6)
23. Set aflame (6)
24. Putting surfaces (6)
27. Unrestrained revelry (4)

## Across

- |                   |                                   |                           |
|-------------------|-----------------------------------|---------------------------|
| 9. Anxious (7)    | 15. Fruity-smelling compound (5)  | 25. Nightclub (7)         |
| 10. Drool (7)     | 16. A small kitchen appliance (7) | 26. Walk emphatically (7) |
| 11. Hearable (7)  | 19. Wander aimlessly (7)          | 28. Insert (7)            |
| 12. Luxurious (7) | 20. Mistake (5)                   | 29. Fasten (7)            |
| 13. Brine (9)     | 21. Becoming proficient (9)       |                           |

## Sudoku Puzzle

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid.

There is only one correct solution to each sudoku. Good luck!

Difficulty level: **Hard**.

Solutions can be found on our website:  
[www.love-chester.com](http://www.love-chester.com)

			7				5	
					1	2	4	
1			6	9				
				2				
	2					5		4
	6	3	8			7		
6						9		
				3	4		6	5
	5							2



Cheshire West & Chester Council

# Summer has arrived at Chester Market



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Market**

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- Chester's only streetfood hub
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Cheshire West  
and Chester

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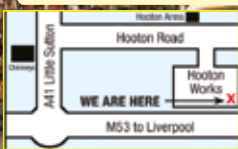
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**Call: 01244 555244 or email: [info@love-chester.com](mailto:info@love-chester.com)**



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