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The Monthly Business & Community Magazine



July 2017  
Issue 5

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# WHAT'S IN THIS MONTHS LOVE CHESTER MAGAZINE

				
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## Love Chester

The Local Magazine for Businesses in and around Cheshire.

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Cover Photograph :  
Roman Gardens, Chester, England



**Dear Friends,**  
The end of the school year already!

The children will be excited to start their 6 weeks holidays, I hope the parents are looking forward to the break too!

Summer is finally here, there is lots going on in and around Chester - see our **What's on Guide** for some great ideas, so check them out!

There is something for everyone, many free events too!

The Royal Horticultural Society and The Wildlife Trusts on page 14, have joined forces to urge gardeners to do more to help protect bumblebees and solitary bees, so please have a read.

Also, you might want to just explore some of our restaurants, café or pubs to eat starting on p.22.

Don't forget to let our advertisers know you have seen them in Love Chester magazine.

Keep up to date with us on facebook and our new facebook group, twitter & visit us at:

**[www.love-chester.com](http://www.love-chester.com)**

Best Wishes  
Maxine & Mike



Circulation of this **FREE** magazine is distributed to Chester and its surrounding villages.  
Love Chester Magazine Limited Registered Office: 1st Floor 12 Church Road, Gatley, Cheadle, Cheshire, SK8 4NQ  
Company Number: 10588054

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# OUR ZOO

What's  
happening  
at Chester Zoo.

World's largest rodent gives birth at Chester Zoo

New arrival capybara  
at Chester Zoo



- **Playful capybara pup arrived to 'celebrity' mum Lily**
- **Capybaras can grow up to 1.5m (4.9ft) in length**
- **Astonished onlookers witnessed the birth and the pup's first swim!**
- **In the wild, capybara are threatened by poaching and habitat loss**

Lily the capybara is a new mum! Her baby could eventually grow to be 1.5m in length – making the capybara the largest species of rodent in the world

The world's largest rodent species has given birth at Chester Zoo.

Six-year-old mum Lily, who has become a real hit with zoo visitors since she was featured on the Channel 4 TV series *The Secret Life of the Zoo*, delivered her new pup in front of astonished onlookers.

The tiny youngster, who has not yet been sexed, was soon up on its feet and seen running around, climbing over mum and taking its first swim.





## OUR LATEST NEWS & EVENTS

Capybaras are often referred to as giant guinea pigs and can grow to up to 1.5m (4.9ft) in length – roughly the size of Kylie Minogue!

They are found living in small herds on grasslands, in tropical forests and on wetlands across much of South America where they spend much of their time in water.

Their scientific name means 'water pig', and their bodies have been specially adapted for swimming - with webbed feet and their eyes, ears and nostrils located on top of their heads.

Although not currently listed as an endangered species, the capybara is threatened by illegal poaching for its meat and skin, which can be turned into leather, as

well as habitat degradation. Keepers at the zoo hope that Lily's new arrival will help to bring some attention to the species, which they say is often overlooked.

### Capybara facts

- **The capybara is the largest of the world's rodent species**
- **Their eyes and nostrils are on the tops of their heads so they can stay submerged with very little of their body showing - helping them to avoid detection by predators such as jaguars, anacondas and caiman**
- **Like rabbits, they eat their own dung to extract maximum nutrition from their food**
- **The scientific name for the capybara means 'water hog'**
- **Mum Lily was born on 30 June 2010**



Lily, proud mum with her new born capybara

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# DO YOU KNOW?

1. Injecting gold into the body can help fight cancer.
2. XANTHOPHOBIA is the fear of the colour yellow.
3. It takes a single one-page form and about 4 minutes to apply to become an official presidential candidate in the U.S.



4. The Guinness Book of Records was originally published by Guinness Breweries as a reference for settling bar arguments.
5. A Charlie Hebdo shooting survivor sued a TV station for giving away his location during the shooting.



6. A Crayola crayon can be used as a candle in an emergency.
7. James Capone, Al Capone's older brother was a federal prohibition agent.
8. Leonardo Da Vinci signed his initials on the right pupil of the Mona Lisa.
9. Crocodiles' faces are 10 times more sensitive than human fingertips.



10. Urea, the main ingredient in urine, is added to cigarettes to enhance their flavour.
11. Louis XIV of France had a coat with 123 diamond buttons on it.
12. Barack Obama was the first sitting U.S. president to visit Hiroshima, 71 years after the atomic bomb.
13. Pandas walk with their front paws turned inward.
14. Rounded corners on rectangular electronic devices have been patented in the U.S. by Apple.
15. Parrots can live for up to 80 years.
16. Dogs can tell when people are untrustworthy and will stop listening to a person if they prove unreliable.
17. The Pentagon runs a staggering 234 golf courses around the world.
18. At YouTube's headquarters, employees can either take the elevator, stairs or a big slide.
19. Google handles over 2 trillion searches per year. That's about 270 searches per person on Earth.



20. By law, only dead people can appear on U.S. currency.
21. Flight attendant Vesna Vulovic fell 33,333 ft (10,160 m) from an airplane that had broken up mid flight and survived, a world record for the highest fall without a parachute.
22. Astronauts often lose their fingernails after conducting spacewalks.
23. Manhole covers are round so that they don't fall into the opening.
24. Bill Gates once said that he always gives the laziest people the hardest jobs, because they'll find the easiest way to do it.



25. A fulgurite is a type of mineral formation that only occurs in nature when lightning strikes sandy soil.
26. The earliest known intelligible recording of a human voice was made in 1860.



27. Daylight Saving Time costs the U.S. an estimated US\$434 million in lost productivity and decreased health.
28. Jimi Hendrix was the highest-paid performer at Woodstock, making US\$18,000 at the festival. That's US\$114,624 today.
29. China's "SkyCity", planned in 2013 to be the tallest building in the world with a record-breaking construction time of just 90 days, is now a massive fish pond.
30. Julian Lennon had to buy at an auction the letters he wrote to his father, John Lennon, because Yoko Ono wouldn't give them to him.
31. During WW2, the U.S. Air Force dropped more than 5 million leaflets warning Japanese civilians to evacuate cities that were going to be bombed.
32. TRYPOPHOBIA is the fear of objects with small holes.
33. The Moon is now about 18 times further away from Earth than when it was formed 4.5 billion years ago.
34. Multiplying 21,978 by 4 reverses the order of the numbers to 87,912.
35. Covering nearly 40 square miles, Walt Disney World Resort in Florida is about the size of San Francisco or two Manhattan islands.
36. Parasites can get parasites, called hyperparasites, and they can get their own parasites too.
37. Elvis Presley's last words were, "I'm going to the bathroom to read."







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# COMMUNITY NEWS

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## Bee Creative in the Garden!

The Royal Horticultural Society and The Wildlife Trusts have joined forces to urge gardeners to do more to help protect bumblebees and solitary bees - heroes of the pollinator world - through their new 'Bee Creative in the Garden!' campaign. Cheshire Wildlife Trust is working locally with communities to promote the importance of Cheshire's bees, through its 'Wildlife Friendly Garden Awards' scheme, and its new Wildlife Garden at Bickley Hall Farm.

The call comes as a result of pressure bees face, following the loss of habitats. In the countryside, 97% of lowland meadow has already been lost and the network of 15 million gardens, that once formed 'green corridors' for wildlife, is rapidly disappearing. The number of front gardens that have been paved over has tripled in a decade, with over five million having no plant life at all.

At Cheshire Wildlife Trust's headquarters, Bickley Hall Farm, a new garden area is being developed using funds from the Tesco 'Bags of Help' scheme. The Wildlife Garden will have fruit trees and vegetable beds, nectar rich flowers and bee hives, as well as a polytunnel to keep the plants happy come rain or shine.

"We will be using this garden for visiting school children, so that they can learn about bees' and pollinators' roles in fruit and vegetable growing," said Nick Rowles, People and Wildlife Officer at Cheshire Wildlife Trust.

"Many children don't know where food comes from and they lack basic gardening skills. We want to do something about this. Food and farming sessions at Bickley will allow children to learn not only about growing food, but they will also have opportunities to cook and taste some of the garden produce too. In the long term, we hope that the garden will become a care farm and centre of horticultural therapy, run by and for adults with learning difficulties, alongside other volunteers."

Cheshire Wildlife Trust is also empowering residents to look after bees through its 'Wildlife Friendly Gardening Award' scheme. The scheme is open to everyone. It doesn't matter how big or small the outdoor space, as long as it is possible to showcase what has been done to help wildlife. This might be through creating a mini wildflower meadow, avoiding chemical weed killers or building insect hotels. Entries to the scheme receive a plaque, certificate, gardening booklet and a wildlife spotter's card.



Further details about Cheshire Wildlife Trust's 'Wildlife Friendly Gardening Award' and how to enter can be found on their website: [www.cheshirewildlifetrust.org.uk/mywildlifegarden](http://www.cheshirewildlifetrust.org.uk/mywildlifegarden).

The Royal Horticultural Society and The Wildlife Trusts will be arming gardeners with the advice, insights and inspiration they need to create habitats ready for the spring. These will support wild bees as they emerge from their nests to forage for food. A wild bee-friendly gardening guide is free to download from [wildaboutgardensweek.org.uk](http://wildaboutgardensweek.org.uk).

Wildlife events and a 'Bee Creative' photo competition will also take place from 1st April to 1st November 2017, as bees buzz during the gardener's growing season before looking for nesting sites in the autumn. To take part and find local events visit [www.cheshirewildlifetrust.org.uk/whats-on](http://www.cheshirewildlifetrust.org.uk/whats-on). People can enter their pictures on Facebook, Twitter or Instagram, using #wildaboutgardens.



**Cheshire Wildlife Trust**

*People taking action for wildlife*



Royal Horticultural Society



# Cheshire West & Chester Council Chester Market celebrates its

# 50<sup>TH</sup> BIRTHDAY

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## Cheshire's best young artists crowned at Mid Cheshire College



Two budding young artists are celebrating after battling it out with more than 300 pupils from schools across Cheshire to be named the area's best young artists.

Brigid Keighran, a Year 9 student from St Nicholas Catholic High School and Milo Forster Year 5 student from Kelsall Primary School, were crowned the overall winners of the dot-art Schools competition at a special prize-giving ceremony at Mid Cheshire College on Wednesday 7th June.

The runners up in the secondary category were Abbie, Holly, Jen, Eve and Maks from the Bishops Bluecoat CoE High School for their group sculpture of a Chinese Dragon; and Hannah Britton of Bridgewater High School for her detailed mixed media Harry Potter artwork. The primary category runners up were Alex Harrison of Green Lane Special School for a mixed media work titled Alex and Louis Cahill of Delamere Primary School for his charcoal drawing of a

Leopard. The two runners up in both categories were also presented with prizes including art materials and tickets to Tate Liverpool's summer exhibition.

Brigid's winning piece titled Ganesha, an elephant created with plaster and paint; and Milo's pen and ink drawing of a Barn Owl both feature alongside the other shortlisted artworks, in the first Cheshire exhibition in the dot-art Schools competition's history.

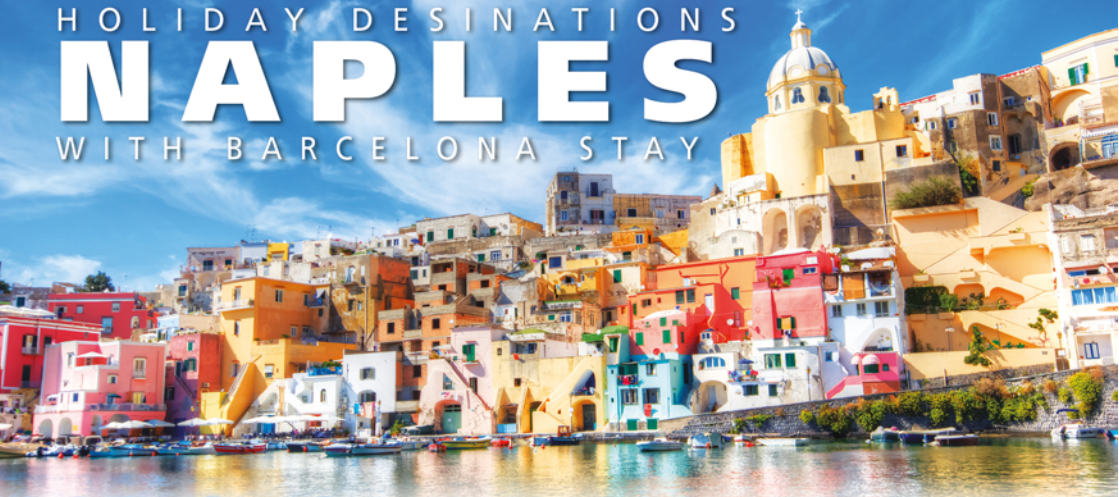
dot-art Schools is already a well-established fixture in the academic calendar for many Merseyside schools; since its inception almost 4000 students from over 200 schools have taken part. This is the fifth year it will take place in the Liverpool City Region and due to its success and a new partnership with Liverpool John Moores University, a pilot scheme covering Cheshire West & Chester, Cheshire East and Warrington was launched this year.



# HOLIDAY DESTINATIONS

# NAPLES

## WITH BARCELONA STAY



**R**omantic Naples, just two hours south of Rome, is the largest city in southern Italy. It has some of the world's best opera houses and theatres, and is often called an open-air museum, because of its many historic statues and monuments. Join families on promenade as the sun sets on the Bay of Naples. View finds from Pompeii and Herculaneum, destroyed by Mount Vesuvius in A.D. 79, at the Museo Archeologico Nazionale or revel in the art and architecture of Museo Cappella Sansevero, built in the late 1500s.

Visiting a city such as Naples means, of course, a diverse schedule of sightseeing; exploring its museums, art galleries, and nicest streets for strolling. While a week would do this phenomenal city more justice, one day is still enough to get lost in the alleys of its Spanish quarters (and observe the genuine life of the Neapolitans), enjoy a fantastic pizza, and relax in a prestigious coffee spot such as Gambrinus. Be prepared to get up very early and put on your running shoes!

Naples has very good public transportation and lots of traffic problems so it's best to avoid having a car. The city has a large but crowded bus network, trams, a subway, funiculars, and a suburban train line, the Ferrovia Circumvesuviana, that will get you to Herculaneum, Pompeii, and Sorrento.

Pizza, one of Italy's most famous foods, originated in Naples and pizza is taken very seriously here. You'll find lots of great pizza places

but be sure you look for one with a wood-burning oven!

Eggplant Parmesan originated in Naples and spaghetti also became popular in Naples, try it with clams or mussels. Seafood is abundant and very good in Naples.

Naples gets quite hot in summer so spring and fall are probably the best times to visit. Since Naples is near the coast, it's more temperate in winter than interior cities of Italy.

As you are only in Naples for 1 whole day from the ship, enjoy the other great places such as your stay in Barcelona.

See the best of Barcelona on a private sightseeing tour, which offers a comprehensive view of this exquisite Catalan city and includes skip-the-line access at La Sagrada Familia, a popular attraction that often has long lines. Perfect for first-time visitors, the tour will show you the city's most iconic sights and allow you to discover some of Barcelona's best-kept secrets. You'll also visit the hill of Montjuïc and the Gothic Quarter, and you can upgrade to the full-day tour to include visits to Park Güell and La Pedrera. Accompanied by your own private guide, you'll enjoy personalized attention on this special private tour.

Barcelona's architectural treasures span 2000-plus years. Towering temple columns, ancient city walls and subterranean stone corridors provide a window into Roman-era Barcino. Fast forward a thousand years to the Middle Ages by taking a stroll through the shadowy lanes

of the Gothic quarter, past tranquil plazas and soaring 14th-century cathedrals. In other parts of town bloom the sculptural masterpieces of Modernisme, a mix of ingenious and whimsical creations by Gaudí and his Catalan architectural contemporaries. Barcelona has also long inspired artists, including Salvador Dalí, Pablo Picasso and Joan Miró, whose works are in bold display in the city's myriad museums.

Barcelona is an enchanting seaside city with boundless culture, fabled architecture, and a world-class drinking and dining scene.



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# A SUMMER OF LEARNING



Photo courtesy of Getty Images

**T**he weather is warm and school is out, but learning experiences shouldn't end there. The summer months can provide plenty of opportunities to continue a child's advancement through different activities and programs.

According to recent studies, students can lose up to three months of what they learned during the school year over summer break. To help avoid that loss of knowledge, here are some helpful brain-boosting activities to keep your child's mind sharp this summer.

## Super summer camps

One way to tie together fun and learning is to enroll your child in a summer camp. Whether the camp is down the road or across the country, children can gain valuable life lessons — such as independence, social skills, resiliency and teamwork — all while staying physically active. A little technology-free time wouldn't hurt, either. Try seeking out a camp that doesn't allow mobile phones or electronic devices to ensure your child gets the most out of his or her outdoor experience.

## Family fun time

While a summer camp might send your youngster far away, a family vacation keeps children right by your side. A trip together as a family, even as short as a one-night camping getaway, can provide a variety of life lessons and unexpected learning experiences. Visit a national park or even a zoo for some science-related exploration and a chance to spend time with nature.

## Head to the library

To try and bring out the bookworm in your child, a trip to the library is an easy place to start. Of course, reading programs provide the simplest way to put literature in children's hands, but many libraries offer programs to get children involved. Look for art and craft programs at your local

library, such as an origami class or doodling session, for additional ways to jog your child's brain.

## Books for bonding

A family book club is a great way to increase bonding time while also encouraging a love of reading. Your children will love digging into stories about dinosaurs, exploring outer space and reading about the biology of deep-sea creatures. After finishing a book together, discuss the plot, characters, themes and more in an interactive fashion that allows each family member to take part in the literary discussion.

## From reading to writing

All of that reading just might give children motivation to put thoughts into words of their own. A journal is a great place for any child to write about summer trips, memories with friends or draw quick sketches. On top of recordkeeping, children can learn to create stories of their own, such as the ones they read in fictional books about their favorite characters, superheroes or animals.

## Celebrating science

Because science is everywhere, it's easy to make every day a learning experience that inspires curiosity for your little one. Something as simple as bird-watching or taking a walk around the neighbourhood can give your child a chance to view nature in action. Schedule some time outside when the view is at its best, such as early in the morning when birds are singing or just before dusk as the sun sets over the horizon.





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**Antipasti** 5.00

**Zuppa Vegetale v**  
Cream homemade vegetable soup with croutons

**Polpette**  
Italian herb meatballs in tomato sauce

**Carpaccio**  
Thinly sliced fillet of cured beef with rocket & shaved parmesan

**Funghi Ripieni**  
Stuffed mushrooms with breadcrumbs, garlic, butter and parmesan

**Calamari Genovese**  
Fried sautéed calamari with mushrooms and garlic

**Antipasto Toscano**  
Italian cured meats with rocket salad

**Cozze alla Pugliese**  
Sautéed mussels with chili tomato and garlic

**Anatra Ai Frutti Di Bosco**  
Marinated duck breast with fruit of the forest drizzle

**Primi** 10.00

**Ravioli all'Aragosta**  
Homemade ravioli filled with lobster served with lobster sauce

**Ravioli al Pomodoro v**  
Homemade Ravioli with ricotta and spinach in tomato and basil sauce

**Spaghetti allo Scoglio**  
Selection of seafood cooked with garlic and olive oil in a white wine sauce

**Spaghetti Carbonara**  
The real carbonara recipe

**Tagliatelle all'Aragosta**  
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Penne with Italian meatballs

**Penne Calabrese**  
Chilli, hot salami and beef strips in a tomato sauce

**Farfalle al Salmone**  
Butterfly pasta with smoked salmon in a creamy pink sauce

**Risotto alla Pescatora**  
Arborio rice with seafood and a hint of tomato sauce

**Risotto Boscaiola**  
Arborio rice with wild mushrooms

**Pizze** 5.00  
**Margherita**  
The original with tomato and mozzarella di bufala

**Tricolore v**  
Peppers mozzarella tomato and a little virgin olive oil

**Festosa**  
with salami, Italian sausage, chicken and mozzarella topped with tomato sauce and a little olive oil

**Calabrese**  
Hot and spicy salami and chilli

**Cesare**  
Topped with chicken, mozzarella and mushroom

**Secondi** 10.00

**Pollo Champagne**  
Chicken breast cooked in a Champagne, mushroom, cream & herb sauce

**Bistecca alla Pizzaiola**  
Thinly cut sirloin steak cooked through with garlic tomato herbs and red wine

**Pollo Piccante**  
Chicken breast with apple and lemon sauce

**Filetto al Pepe** supplement 8.00  
Fillet steak with a delicious peppercorn sauce

**Porchetta**  
Italian suckling pig with mushrooms, shallots and a Barolo sauce with mash

**Maiale al Marsala**  
Lightly sautéed pork escalopes in Italian aromatic wine with mushrooms and a hint of cream

**Salmone al Pesto**  
Sautéed salmon with pesto dressing

**Salsiccia Forestiera**  
Italian slightly spiced herb sausage with mushrooms, onions and red wine sauce and mash

**Torta di Zucchine e Melanzane v**  
Layers of courgettes aubergine mushrooms tomato and cheese

**All include vegetables and potatoes**

**Dolci** 4.00

**Torta Al Cioccolato**  
Chocolate cake filled with flavoured cream

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(v) Denotes dishes which are suitable for vegetarians.



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# AutoReview

by **Tony Yates**

Keeping you motoring

F-Pace – R-Sport 2.0d 180PS AWD



*At first you might look at the all new F-Pace and think OK, it's just another SUV that looks just like all the others currently on the market – so, why should I bother looking any further.*

*Well – I have a few good reasons why you should; firstly it's actually a very good looking SUV and secondly - it's built by Jaguar, and Jaguar at the moment are producing some of the world's greatest cars. And thirdly, the F-Pace is much better than anything that the German firms have come up with recently.*

## **Design & Technology:**

Let's start with the looks of the F-Pace – it looks amazing and far better looking than an Audi Q7 or a BMW X5 for that matter. Also, both of German offerings look terrible on the inside and look like they were designed in a studio with either all the lights turned out - or by a person who has literally no concept of the term 'ergonomics'.

So, there you go; The F-Pace R-Sport has everything you will ever need on the inside, along with its distinctive body line, bold front bumpers, large air intakes, chrome radiator surround, side power vents and wheels that are the size of the Moon (in a good way)

You are also treated to the best of the best when it comes to the interior that is frankly second to none.



Standard equipment on the F-Pace such as; cruise control, front & rear parking aid, 5" full colour LCD display, DAB radio, EPAS, TPMS, LDW, ASPC and a whole host of additional equipment which will keep you engaged for many hours if not years.

#### **Power and Efficiency:**

The F-Pace is powered by a 2.0 Litre 4 cylinder AWD turbocharged engine that produces 180PS and 430Nm of torque. 0-60 comes in at around 8 seconds and will reach a top speed of 129mph. As with most Jaguar diesel engines - they are very refined and it will easily return 45mpg with little effort - mainly thanks to that frugal engine that sips fuel, not guzzle - along with Jaguar's combined Lightweight Aluminum Architecture which also makes the F-Pace very light for its size.

#### **On the road:**

The Jaguar engineers have done a fantastic job of getting the chassis to deliver the perfect balance and composure on the road - even when the road surfaces get more challenging, the F-Pace still holds the road really well with little drama that in turn inspires driver confidence if you do decide to drive it that little bit quicker.

Don't forget that the F-Pace also has something called Torque Vectoring technology - this provides controlled braking on the inside rear wheel which delivers an outstanding sports car feel.

#### **To sum up:**

Once again Jaguar has shown that they can continually produce some fantastic pieces of engineering and this is shown perfectly in the way the F-Pace out performs most of the competition not only in its design but in its ability to feel alive - a real driver's car this one.

**Price: £40,360 (Base Price OTR)**





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### Cheshire Ride 2017 for Life NoW Sunday September 3rd 2017

This charity cycle sportive was first organised last year, and was very well received by all those who entered. It is not a race, but challenges you to ride either 70 miles or 45 miles on the minor roads and lanes of West Cheshire. The route is fully waymarked, and we have a midway feed station (including flapjack and cake!) and free refreshments at the start/ finish. Our start and finish this year is Upton Pavilion, Wheelstone Lane, Upton, Chester CH2 1HB.

The ride is approved and supported by British Cycling, and entry is via their web site. You do not need to be a member of British Cycling or any cycling club or organisation. We have a chip card registration and timing system, and each rider receives a commemorative gift. Under 18s can enter but will need to complete a parental consent form, and under 16s must be accompanied on the ride by a parent or guardian.

Life NoW is a charity aiming to provide palliative care and support for young adults with life limiting conditions in the North West and North Wales. There is currently only one other facility specifically for young adults in the UK, and that is in Oxfordshire.

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**The entry fee is £20.**

[www.britishcycling.org.uk/events/details/155696/Cheshire-Ride-for-Life-NoW-2017](http://www.britishcycling.org.uk/events/details/155696/Cheshire-Ride-for-Life-NoW-2017)

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# JUST WATER THIRSTY PLANTS

No rain? Target precious water at the plants that really need it

*What to do this month*



Hanging baskets need watering daily in hot conditions. Use water retaining gel and a plastic liner when you make them, to help the compost retain water for longer.

Unless we have a prolonged, very dry period, it might not be necessary to water well-established garden plants at all – certainly your lawn will be quick to recover from drought as soon as it rains. Watering little and often, only applying a small amount of water that doesn't penetrate deep into the soil, will encourage surface rooting that makes the plants more susceptible to drought and drying out.

## Once a day

Plants in containers, especially hanging baskets, will probably need a good watering every day to keep the compost evenly moist and prevent it drying out.

## Once a week

All recent plantings, especially bedding plants, will appreciate a good soak every seven to 14 days to aid rapid establishment, good growth and flowering performance.

## Once a fortnight

Rhododendrons, camellias, hydrangeas and other shallow-rooted plants might appreciate a good soak now and then. Rhododendrons and camellias will be setting their flower buds for next year so allowing them to dry out will prevent good bud set.

## While you're on holiday

If you're going away this summer, ensure that your plants feature in your holiday plans. Group container plants in shade and if you can't persuade a neighbour to look after them while you're away, you could consider setting up an automatic dripwatering system.

Capillary matting is good for selfwatering pots both in the greenhouse and in the house. Houseplants should be removed from sunny windowsills and placed on damp capillary matting in the sink or bath.

## Feed hungry roses

Roses are very hungry plants and will need a feeding with a granular rose fertiliser now to ensure they continue flowering all summer – and into autumn and even beyond.

- Deadhead spent blooms It used to be recommended to cut back the flowering stems by around 10-15cm (4-6in) but it's far better to simply and carefully snap off the faded flower and seedpod between thumb and forefinger.
- Check for mildew In warm, dry weather, roses are prone to powdery mildew. If you see the first signs of this disease (a white powdery coating on leaves), or rose blackspot or rust, spray the foliage with a systemic fungicide. A combined insecticide and fungicide will also help to control aphid and other pest outbreaks.



## Weatherwatch

Lots of warm, sunny weather means all your plants will be growing well – but so will the weeds. You'll also be building up your muscles carrying heavy watering cans around! The sun's drying effect can be exacerbated by wind, so check plants – especially those in containers and hanging baskets – for drying out during windy days.



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## Ducks Ducks Ducks

With spring having sprung, new life popping up everywhere in the flowers beds, countryside and down by the river. We have had our own new arrivals at the Countess Charity in the form Ducks for this year's annual Chester Duck Race – Saturday September 16th 2017.

We are super excited to announce that Hickory's Smokehouse Chester will be supporting the event again for the third year running. With lots of plans to make this year's event as spectacular as ever and raising vital funds to assist the Babygrow Appeal in reaching its £2.4 million target.

We will have two races again down at the Groves. With the Baby Ducks going down the river first followed by the larger Corporate Ducks.

The smaller baby ducks will be available to purchase online at £2 each, at the hospital and at various community events throughout Chester in the run up to the Duck Race on September 16th 2017. Puddle Ducks Chester / Wirral are supporting the smaller duck race again which means fantastic prize money will be available for 1st, 2nd and 3rd placed ducks.



The larger corporate ducks priced at £200 each are available from Hanna Clarke at the Countess Charity. You can contact Hanna on 01244 366 397 / hannaclarke@nhs.net to arrange your corporate duck, so now it's time to get your thinking caps on and see who can take the 'Facebook Favourite' Duck or 'Best Dressed' Duck title. Hanna Clarke - Corporate Events and Fundraising Manager for the Countess Charity said 'Last year was my first year organising the duck race and I was astounded by the quality and innovative ideas all the companies came up with for the ducks. I am very much looking forward to seeing this year's corporate ducks, and of course the fantastic sight of the 5000 smaller ducks going off the bridge.'



Countess of Chester staff with "Reckless" - celebrity lookalike

Red Door - Best Dressed Duck

Dory Facebook Favourite - Puddle Ducks Chester

# UPCOMING DATES & EVENTS IN JULY 2017

**Chester Races:  
Summer Festival -  
Saturday 1st July 2017**  
Gates open at 11.30am.

Chester Racecourse,  
Watergate Square, Chester,  
Cheshire, CH1 2LY  
Tel: 01244 304610



**Guide Prices**  
Winning Post Enclosure - £90  
County Long Room - £60  
County Concourse - £50  
Tattersalls - £40  
Dee Stand - £15  
Open Course - £12

**Rotary Club of Chester  
Summer Festival -  
Sunday 2nd July 2017**  
10:15 for 10:30am start



The Chester Raft Race is an annual charity event taking place every July on the River Dee in Chester and organized by the Rotary Club Of Chester. [www.chesterrafttrace.org.uk](http://www.chesterrafttrace.org.uk)



**Moonlight Flicks -  
Singin' In The Rain**  
**Thursday 6th July 2017- 9:00pm.**

Roman Gardens, Outside the city walls, Near the Newgate and Chester Amphitheatre, Chester, Cheshire, CH1 1DQ  
Tel: 0845 241 7868  
[www.storyhouse.com](http://www.storyhouse.com)

**ARK Sculpture Exhibition**  
**7 July 2017 - 15 Oct 2017**  
9:00am - 18.00pm

Chester Cathedral, St Werburgh St, Chester, Cheshire, CH1 2DY  
Tel: 01244 324756

ARK is the largest free to enter modern sculpture exhibition to be held in the North West of England and features 90 works of art by more than 50 celebrated sculptors including Damien Hirst and Antony Gormley. ARK is for everyone.  
[www.chestercathedral.com](http://www.chestercathedral.com)



**Chester Races:  
Mid - Summer Meeting -  
Saturday 29th July 2017**  
Gates open at 11.30am.

Chester Racecourse,  
Watergate Square, Chester,  
Cheshire, CH1 2LY  
Tel: 01244 304610



**Guide Prices**  
Winning Post Enclosure - £90  
County Long Room - £60  
County Concourse - £50  
Tattersalls - £40  
Dee Stand - £15  
Open Course - £12

\* Please be aware that certain areas of Chester Racecourse operate a strict dress code.

[www.chester-races.co.uk](http://www.chester-races.co.uk)

**CarFest North**  
**28 July 2017 - 30 July 2017**

**Bolesworth Castle, Tattenhall, Cheshire, CH3 9HQ**

Bolesworth Castle is the venue for CarFest North 2017, this years' musical line up includes Manic Street Preachers, Tom Odell, Rick Astley and Seasick Steve with even more amazing acts still to be announced!

Packed with as much 4 wheeled action as can be squeezed into a weekend. From the Hill Climb Track Show, Car Club displays, Vintage Village, and the ever popular Sporting Bears Dream Rides.



**Prices**

**Weekend Camping:**

Adult (17 years and older) £163

Child (6-16 years) £46

Family (2 adults + 2 children) £326

**Weekend Without Camping:**

Adult (17 years and older) £133

Child (6-16 years) £36

Family (2 adults + 2 children) £266

**Day Tickets:**

Friday ADULT (17 yrs & older) £67

Friday CHILD (6-16 years) £15

Friday FAMILY (2 adults + 2 children) £136

Saturday or Sunday ADULT (17 yrs & older) £72

Saturday or Sunday CHILD (6-16 years) £15

**Do you have an event  
to shout about?**

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- £200 for Inside Back Cover
- £190 for 1 Centre Page
- £350 for Centre Spread (2 pages)



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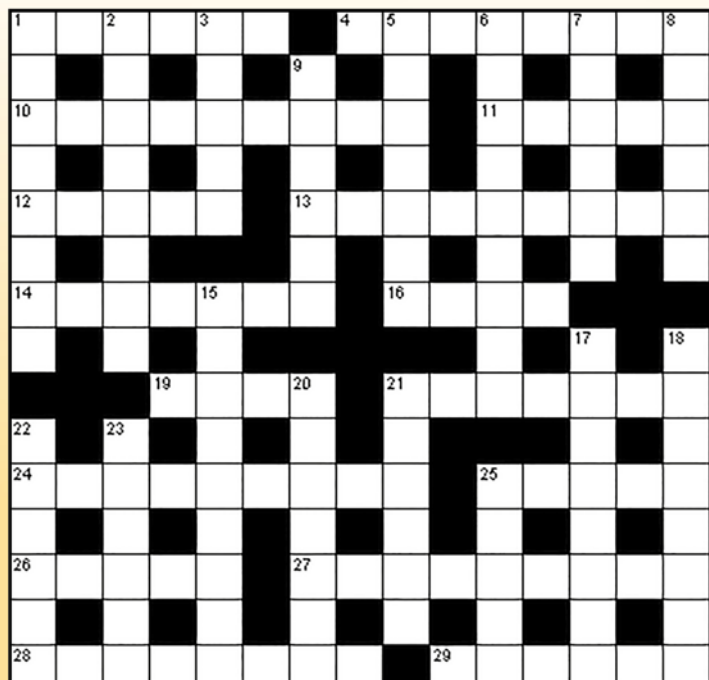
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# [www.love-chester.com](http://www.love-chester.com)

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# PUZZLE CORNER



## Down

- 1 Celebration (8)
- 2 Savage (8)
- 3 Vassal (5)
- 5 Answer (7)
- 6 Hive (9)
- 7 Summon (6)
- 8 Flail (6)
- 9 Bequest (6)
- 15 A travelling laborer (9)
- 17 Ruse (8)
- 18 Papers (8)
- 20 Not western (7)
- 21 Results (6)
- 22 Emotional pang (6)
- 23 Cultural (6)
- 25 Bad treatment (5)

## Across

- 1 Calf bone (6)
- 4 Forbid (8)
- 10 Witch (9)
- 11 More pleasant (5)
- 12 Absurd (5)
- 13 Having no known name (9)
- 14 Skill (7)
- 16 A swinging barrier (4)
- 19 Sponge (4)
- 21 Prevent commerce (7)
- 24 Spectators (9)
- 25 Farewell (5)
- 26 Martial arts expert (5)

- 27 Senior administrator (9)
- 28 Thrilling (8)
- 29 Least (6)

## Sudoku Puzzle

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid.

There is only one correct solution to each sudoku. Good luck!

Difficulty level: **Hard**.

Solutions can be found on our website:  
[www.love-chester.com](http://www.love-chester.com)

				6		9		3
		1			2			
					9		8	
4			9			7	5	
7		3	2		8			
						4		8
8							1	9
6	4							5
9			6					

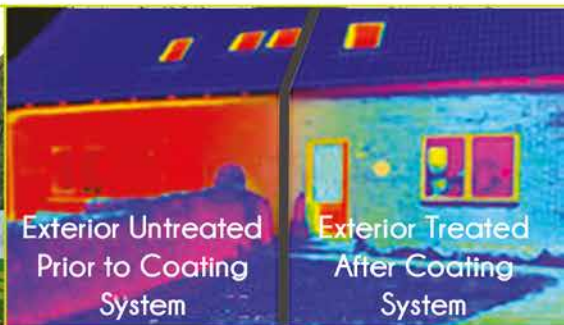


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